

Torneio de Fundo de Ponta Delgada18  
Ponta Delgada, 28-4-2018

Prova 1

Femin., 400m Estilos

Absolutos

28-04-2018 - 9:30

Resultados

Infantis B Fem Inf B: 7:37.00 / Infantis A Fem Inf A: 7:10.00 / Juvenis B Fem Juv B: 6:57.00 / Juvenis A Fem Juv A: 6:47.00 /  
Juniores Fem Jun: 6:30.00 / Seniores Fem Sen: 6:14.00

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
<b>Infantis B</b>			
1. Diana Patricia, NEVES	06 Naval da Horta	<b>6:01.17</b>	370
50m: 37.06 37.06	150m: 2:08.94 44.38	250m: 3:48.30 55.44	350m: 5:23.05 40.31
100m: 1:24.56 47.50	200m: 2:52.86 43.92	300m: 4:42.74 54.44	400m: 6:01.17 38.12
2. Marta Lopes, BRITES	06 Clube Naval de Ponta Delgada	<b>6:01.74</b>	368
50m: 36.77 36.77	150m: 2:09.69 47.56	250m: 3:50.45 52.59	350m: 5:23.48 40.64
100m: 1:22.13 45.36	200m: 2:57.86 48.17	300m: 4:42.84 52.39	400m: 6:01.74 38.26
3. Maria Isabel, GOMES	06 Clube Naval de Ponta Delgada	<b>6:30.10</b>	294
50m: 39.78 39.78	150m: 2:21.11 52.07	250m: 4:09.21 57.98	350m: 5:48.42 44.60
100m: 1:29.04 49.26	200m: 3:11.23 50.12	300m: 5:03.82 54.61	400m: 6:30.10 41.68
4. Julia Atamas, SILVA	06 Clube Naval de Ponta Delgada	<b>6:32.33</b>	289
50m: 49.39 49.39	150m: 2:25.27 50.73	250m: 4:08.73 53.53	350m: 5:49.41 46.67
100m: 1:34.54 45.15	200m: 3:15.20 49.93	300m: 5:02.74 54.01	400m: 6:32.33 42.92
5. Rita Campos, CARDOSO	06 Clube Act. Fisica Bombeiros De	<b>6:44.70</b>	263
50m: 44.58 44.58	150m: 2:28.96 48.53	250m: 4:19.01 1:02.66	350m: 6:01.90 42.60
100m: 1:40.43 55.85	200m: 3:16.35 47.39	300m: 5:19.30 1:00.29	400m: 6:44.70 42.80
6. Luciana Amorim, IVENS	06 Clube Naval de Ponta Delgada	<b>6:45.96</b>	261
50m: 42.93 42.93	150m: 2:26.54 52.10	250m: 4:16.03 58.43	350m: 6:01.30 47.69
100m: 1:34.44 51.51	200m: 3:17.60 51.06	300m: 5:13.61 57.58	400m: 6:45.96 44.66
<b>Infantis A</b>			
1. Sofia Pereira, SILVEIRA	05 Clube Act. Fisica Bombeiros De	<b>6:09.03</b>	347
50m: 43.29 43.29	150m: 2:21.29 47.06	250m: 3:57.82 50.26	350m: 5:30.12 40.36
100m: 1:34.23 50.94	200m: 3:07.56 46.27	300m: 4:49.76 51.94	400m: 6:09.03 38.91
2. Constanca Neves, PARDAL	05 Clube Act. Fisica Bombeiros De	<b>6:10.43</b>	343
50m: 38.40 38.40	150m: 2:13.24 47.25	250m: 3:53.97 54.49	350m: 5:29.79 40.94
100m: 1:25.99 47.59	200m: 2:59.48 46.24	300m: 4:48.85 54.88	400m: 6:10.43 40.64
3. Sofia Vieira, CABRAL	05 Clube Act. Fisica Bombeiros De	<b>6:21.89</b>	313
50m: 40.99 40.99	150m: 2:15.06 46.47	250m: 3:59.71 59.44	350m: 5:39.62 41.48
100m: 1:28.59 47.60	200m: 3:00.27 45.21	300m: 4:58.14 58.43	400m: 6:21.89 42.27
<b>Juvenis B</b>			
1. Margarida Borges, SILVA	04 Clube Act. Fisica Bombeiros De	<b>5:31.84</b>	477
50m: 34.40 34.40	150m: 1:58.32 43.24	250m: 3:27.90 47.57	350m: 4:54.46 38.87
100m: 1:15.08 40.68	200m: 2:40.33 42.01	300m: 4:15.59 47.69	400m: 5:31.84 37.38
2. Rafaela Faustino, OLIVEIRA	04 Clube Act. Fisica Bombeiros De	<b>6:09.32</b>	346
50m: 41.71 41.71	150m: 2:12.53 44.41	250m: 3:52.10 55.47	350m: 5:28.80 41.39
100m: 1:28.12 46.41	200m: 2:56.63 44.10	300m: 4:47.41 55.31	400m: 6:09.32 40.52
3. Sofia Isabel, SANTOS	04 Clube Naval de Ponta Delgada	<b>6:15.13</b>	330
50m: 40.29 40.29	150m: 2:12.87 45.44	250m: 3:54.86 54.15	350m: 5:32.13 42.96
100m: 1:27.43 47.14	200m: 3:00.71 47.84	300m: 4:49.17 54.31	400m: 6:15.13 43.00
4. Ines Moniz, SILVESTRE	04 Clube Act. Fisica Bombeiros De	<b>6:21.67</b>	314
50m: 42.40 42.40	150m: 2:18.01 45.18	250m: 3:59.83 57.86	350m: 5:39.44 43.65
100m: 1:32.83 50.43	200m: 3:01.97 43.96	300m: 4:55.79 55.96	400m: 6:21.67 42.23

Torneio de Fundo de Ponta Delgada18  
Ponta Delgada, 28-4-2018

Prova 1, Femin., 400m Estilos

Juvenis A

1.	Laura Luz, FONSECA	03	Clube Naval de Ponta Delgada	<b>5:23.75</b>	514
	50m: 34.54 34.54	150m: 1:56.17	40.84	250m: 3:24.22	47.67
	100m: 1:15.33 40.79	200m: 2:36.55	40.38	300m: 4:11.72	47.50
				350m: 4:48.15	36.43
				400m: 5:23.75	35.60
2.	Ana Amarante, DIAS	03	Clube Naval de Ponta Delgada	<b>5:29.90</b>	486
	50m: 35.47 35.47	150m: 1:58.06	41.89	250m: 3:24.41	44.45
	100m: 1:16.17 40.70	200m: 2:39.96	41.90	300m: 4:11.07	46.66
				350m: 4:51.10	40.03
				400m: 5:29.90	38.80
3.	Maria Manuel, PACHECO	03	Clube Naval de Ponta Delgada	<b>5:37.64</b>	453
	50m: 35.57 35.57	150m: 1:58.87	42.51	250m: 3:30.50	50.36
	100m: 1:16.36 40.79	200m: 2:40.14	41.27	300m: 4:22.69	52.19
				350m: 5:01.33	38.64
				400m: 5:37.64	36.31
4.	Madalena Almeida, SANTOS	03	Clube Act. Fisica Bombeiros De	<b>5:38.80</b>	449
	50m: 35.62 35.62	150m: 1:58.04	41.83	250m: 3:29.06	50.69
	100m: 1:16.21 40.59	200m: 2:38.37	40.33	300m: 4:21.18	52.12
				350m: 5:00.15	38.97
				400m: 5:38.80	38.65
5.	Julia Medeiros, SEIXAS	03	Clube Naval de Ponta Delgada	<b>5:53.12</b>	396
	50m: 37.82 37.82	150m: 2:09.25	43.51	250m: 3:42.93	51.09
	100m: 1:25.74 47.92	200m: 2:51.84	42.59	300m: 4:33.72	50.79
				350m: 5:14.49	40.77
				400m: 5:53.12	38.63
6.	Maria Joao, BENTO	03	Clube Naval de Ponta Delgada	<b>6:00.02</b>	374
	50m: 37.73 37.73	150m: 2:09.37	43.99	250m: 3:45.46	52.36
	100m: 1:25.38 47.65	200m: 2:53.10	43.73	300m: 4:36.70	51.24
				350m: 5:18.86	42.16
				400m: 6:00.02	41.16
7.	Margarida Bras, GARCIA	03	Clube Naval de Ponta Delgada	<b>6:02.92</b>	365
	50m: 38.55 38.55	150m: 2:10.53	47.28	250m: 3:50.35	52.46
	100m: 1:23.25 44.70	200m: 2:57.89	47.36	300m: 4:44.66	54.31
				350m: 5:24.90	40.24
				400m: 6:02.92	38.02

Prova 2

Masc., 1500m Livres

Absolutos

28-04-2018 - 9:30

Resultados

Infantis A Masc Inf A: 25:30.00 / Juvenis B Masc Juv B: 23:00.00 / Juvenis A Masc Juv A: 21:50.00 / Juniores Masc Jun: 20:50.00 / Seniores Masc Sen: 20:20.00

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts		
<b>Infantis B</b>					
1.	Raul Sousa, ANSELMO	05	Clube Act. Fisica Bombeiros De	<b>20:00.62</b>	352
	100m: 1:13.67 1:13.67	500m: 6:35.11	1:21.24	900m: 12:01.07	1:21.51
	200m: 2:32.56 1:18.89	600m: 7:56.98	1:21.87	1000m: 13:21.65	1:20.58
	300m: 3:53.50 1:20.94	700m: 9:18.90	1:21.92	1100m: 14:41.93	1:20.28
	400m: 5:13.87 1:20.37	800m: 10:39.56	1:20.66	1200m: 16:02.76	1:20.83
2.	Diogo Pimentel, MACHADO	05	Clube Act. Fisica Bombeiros De	<b>20:17.37</b>	338
	100m: 1:13.71 1:13.71	500m: 6:37.73	1:21.79	900m: 12:07.18	1:23.34
	200m: 2:33.31 1:19.60	600m: 7:59.81	1:22.08	1000m: 13:29.76	1:22.58
	300m: 3:54.56 1:21.25	700m: 9:21.88	1:22.07	1100m: 14:52.61	1:22.85
	400m: 5:15.94 1:21.38	800m: 10:43.84	1:21.96	1200m: 16:14.16	1:21.55
3.	Goncalo Raposo, GARCIA	05	Clube Act. Fisica Bombeiros De	<b>22:23.51</b>	251
	100m: 1:22.46 1:22.46	500m: 7:21.43	1:28.96	900m: 13:26.16	1:31.93
	200m: 2:52.36 1:29.90	600m: 8:51.36	1:29.93	1000m: 14:58.43	1:32.27
	300m: 4:20.75 1:28.39	700m: 10:23.46	1:32.10	1100m: 16:29.54	1:31.11
	400m: 5:52.47 1:31.72	800m: 11:54.23	1:30.77	1200m: 17:59.24	1:29.70
4.	Henrique Silva, PEREIRA	05	Clube Naval de Ponta Delgada	<b>22:33.39</b>	246
	100m: 1:20.89 1:20.89	500m: 7:22.04	1:32.34	900m: 13:22.42	1:30.26
	200m: 2:49.40 1:28.51	600m: 8:50.79	1:28.75	1000m: 14:54.62	1:32.20
	300m: 4:18.64 1:29.24	700m: 10:22.69	1:31.90	1100m: 16:26.73	1:32.11
	400m: 5:49.70 1:31.06	800m: 11:52.16	1:29.47	1200m: 17:59.24	1:32.51

Torneio de Fundo de Ponta Delgada18  
Ponta Delgada, 28-4-2018

Prova 2, Masc., 1500m Livres, Infantis B

Lugar			Ano					Tempo final	Pts
5.	Antonio Marinho, LEAL		05	Naval da Horta				<b>24:32.97</b>	190
	100m:	1:26.95 1:26.95	500m:	7:58.47 1:40.19	900m:	14:37.96 1:41.32	1300m:	21:23.23 1:40.57	
	200m:	3:03.70 1:36.75	600m:	9:37.15 1:38.68	1000m:	16:19.37 1:41.41	1400m:	22:59.28 1:36.05	
	300m:	4:40.48 1:36.78	700m:	11:16.12 1:38.97	1100m:	18:01.33 1:41.96	1500m:	24:32.97 1:33.69	
	400m:	6:18.28 1:37.80	800m:	12:56.64 1:40.52	1200m:	19:42.66 1:41.33			

Infantis A

1.	Francisco Oliveira, LOPES		04	Clube Act. Fisica Bombeiros De				<b>18:43.52</b>	430
	100m:	1:11.10 1:11.10	500m:	6:16.74 1:16.17	900m:	11:19.12 1:14.82	1300m:	16:17.97 1:14.60	
	200m:	2:27.48 1:16.38	600m:	7:32.06 1:15.32	1000m:	12:33.87 1:14.75	1400m:	17:32.11 1:14.14	
	300m:	3:43.72 1:16.24	700m:	8:48.37 1:16.31	1100m:	13:48.67 1:14.80	1500m:	18:43.52 1:11.41	
	400m:	5:00.57 1:16.85	800m:	10:04.30 1:15.93	1200m:	15:03.37 1:14.70			
2.	Antonio Manuel, PAZ		04	Clube Naval de Ponta Delgada				<b>19:08.80</b>	402
	100m:	1:08.19 1:08.19	500m:	6:10.11 1:17.39	900m:	11:23.35 1:18.10	1300m:	16:37.05 1:18.50	
	200m:	2:22.37 1:14.18	600m:	7:28.40 1:18.29	1000m:	12:41.25 1:17.90	1400m:	17:54.68 1:17.63	
	300m:	3:36.94 1:14.57	700m:	8:46.78 1:18.38	1100m:	14:00.30 1:19.05	1500m:	19:08.80 1:14.12	
	400m:	4:52.72 1:15.78	800m:	10:05.25 1:18.47	1200m:	15:18.55 1:18.25			
3.	Ismael Medeiros, MONIZ		04	Clube Act. Fisica Bombeiros De				<b>20:57.69</b>	306
	100m:	1:15.67 1:15.67	500m:	6:51.56 1:24.37	900m:	12:31.43 1:24.90	1300m:	18:13.23 1:25.47	
	200m:	2:37.94 1:22.27	600m:	8:16.19 1:24.63	1000m:	13:56.39 1:24.96	1400m:	19:38.13 1:24.90	
	300m:	4:02.19 1:24.25	700m:	9:41.21 1:25.02	1100m:	15:22.34 1:25.95	1500m:	20:57.69 1:19.56	
	400m:	5:27.19 1:25.00	800m:	11:06.53 1:25.32	1200m:	16:47.76 1:25.42			
4.	Rafael Pacheco, CUNHA		04	Clube Act. Fisica Bombeiros De				<b>21:11.49</b>	296
	100m:	1:16.16 1:16.16	500m:	6:54.41 1:25.30	900m:	12:39.81 1:26.17	1300m:	18:24.36 1:25.05	
	200m:	2:38.99 1:22.83	600m:	8:20.55 1:26.14	1000m:	14:06.39 1:26.58	1400m:	19:49.46 1:25.10	
	300m:	4:03.94 1:24.95	700m:	9:47.05 1:26.50	1100m:	15:33.45 1:27.06	1500m:	21:11.49 1:22.03	
	400m:	5:29.11 1:25.17	800m:	11:13.64 1:26.59	1200m:	16:59.31 1:25.86			
5.	Romao Noronha, BRAZ		04	Clube Naval de Ponta Delgada				<b>21:32.94</b>	282
	100m:	1:18.59 1:18.59	500m:	7:05.57 1:27.41	900m:	12:56.44 1:27.69	1300m:	18:46.78 1:26.84	
	200m:	2:44.86 1:26.27	600m:	8:33.05 1:27.48	1000m:	14:24.05 1:27.61	1400m:	20:12.02 1:25.24	
	300m:	4:11.09 1:26.23	700m:	10:00.84 1:27.79	1100m:	15:52.82 1:28.77	1500m:	21:32.94 1:20.92	
	400m:	5:38.16 1:27.07	800m:	11:28.75 1:27.91	1200m:	17:19.94 1:27.12			

Juvenis B

1.	Nuno Antonio, GOMES		03	Clube Naval de Ponta Delgada				<b>18:17.13</b>	461
	100m:	1:10.39 1:10.39	500m:	6:01.22 1:13.30	900m:	10:57.29 1:13.91	1300m:	15:51.79 1:13.35	
	200m:	2:22.72 1:12.33	600m:	7:14.92 1:13.70	1000m:	12:11.44 1:14.15	1400m:	17:06.17 1:14.38	
	300m:	3:35.43 1:12.71	700m:	8:29.03 1:14.11	1100m:	13:25.19 1:13.75	1500m:	18:17.13 1:10.96	
	400m:	4:47.92 1:12.49	800m:	9:43.38 1:14.35	1200m:	14:38.44 1:13.25			
2.	Rafael Braga, BORGES		03	Clube Naval de Ponta Delgada				<b>18:29.67</b>	446
	100m:	1:09.52 1:09.52	500m:	6:00.30 1:13.48	900m:	10:56.78 1:13.75	1300m:	15:56.71 1:16.42	
	200m:	2:21.64 1:12.12	600m:	7:14.23 1:13.93	1000m:	12:11.94 1:15.16	1400m:	17:13.87 1:17.16	
	300m:	3:33.92 1:12.28	700m:	8:28.72 1:14.49	1100m:	13:25.81 1:13.87	1500m:	18:29.67 1:15.80	
	400m:	4:46.82 1:12.90	800m:	9:43.03 1:14.31	1200m:	14:40.29 1:14.48			
3.	Joao Pedro, SANTOS		03	Clube Naval de Ponta Delgada				<b>18:54.63</b>	417
	100m:	1:08.65 1:08.65	500m:	6:05.67 1:15.67	900m:	11:12.66 1:17.79	1300m:	16:23.24 1:17.80	
	200m:	2:21.20 1:12.55	600m:	7:21.79 1:16.12	1000m:	12:29.47 1:16.81	1400m:	17:39.42 1:16.18	
	300m:	3:35.27 1:14.07	700m:	8:38.15 1:16.36	1100m:	13:47.41 1:17.94	1500m:	18:54.63 1:15.21	
	400m:	4:50.00 1:14.73	800m:	9:54.87 1:16.72	1200m:	15:05.44 1:18.03			
4.	Hugo Miguel, FARIA		03	Clube Naval de Ponta Delgada				<b>20:00.46</b>	352
	100m:	1:12.70 1:12.70	500m:	6:34.29 1:22.08	900m:	11:58.44 1:21.51	1300m:	17:22.53 1:20.17	
	200m:	2:31.60 1:18.90	600m:	7:54.63 1:20.34	1000m:	13:20.73 1:22.29	1400m:	18:42.57 1:20.04	
	300m:	3:51.59 1:19.99	700m:	9:16.71 1:22.08	1100m:	14:42.06 1:21.33	1500m:	20:00.46 1:17.89	
	400m:	5:12.21 1:20.62	800m:	10:36.93 1:20.22	1200m:	16:02.36 1:20.30			

Torneio de Fundo de Ponta Delgada18  
Ponta Delgada, 28-4-2018

Prova 2, Masc., 1500m Livres, Juvenis B

Lugar			Ano					Tempo final	Pts
5.	David Carlos, ALVES		03	Clube Act. Fisica Bombeiros De				<b>20:04.58</b>	348
	100m:	1:13.22 1:13.22	500m:	6:31.06 1:19.60	900m:	11:52.46 1:19.97	1300m:	17:22.48 1:26.00	
	200m:	2:31.25 1:18.03	600m:	7:50.66 1:19.60	1000m:	13:13.61 1:21.15	1400m:	18:43.04 1:20.56	
	300m:	3:50.38 1:19.13	700m:	9:11.93 1:21.27	1100m:	14:35.29 1:21.68	1500m:	20:04.58 1:21.54	
	400m:	5:11.46 1:21.08	800m:	10:32.49 1:20.56	1200m:	15:56.48 1:21.19			

Juvenis A

1.	Tomas Fraga, OLIVEIRA		02	Naval da Horta				<b>19:43.42</b>	368
	100m:	1:13.19 1:13.19	500m:	6:24.93 1:18.91	900m:	11:45.31 1:20.06	1300m:	17:06.87 1:20.46	
	200m:	2:29.90 1:16.71	600m:	7:44.87 1:19.94	1000m:	13:05.39 1:20.08	1400m:	18:27.78 1:20.91	
	300m:	3:47.83 1:17.93	700m:	9:04.52 1:19.65	1100m:	14:25.79 1:20.40	1500m:	19:43.42 1:15.64	
	400m:	5:06.02 1:18.19	800m:	10:25.25 1:20.73	1200m:	15:46.41 1:20.62			

Prova 3

Masc., 400m Estilos

Absolutos  
Resultados

28-04-2018 - 15:30

Infantis B Masc Inf B: 7:30.00 / Infantis A Masc Inf A: 7:00.00 / Juvenis B Masc Juv B: 6:33.00 / Juvenis A Masc Juv A: 6:10.00 / Juniores Masc Jun: 5:52.00 / Seniores Masc Sen: 5:35.00

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
<b>Infantis B</b>									
1.	Raul Sousa, ANSELMO		05	Clube Act. Fisica Bombeiros De				<b>5:39.43</b>	333
	50m:	36.78 36.78	150m:	2:02.34 43.00	250m:	3:34.30 49.14	350m:	5:03.04 38.82	
	100m:	1:19.34 42.56	200m:	2:45.16 42.82	300m:	4:24.22 49.92	400m:	5:39.43 36.39	
2.	Diogo Pimentel, MACHADO		05	Clube Act. Fisica Bombeiros De				<b>5:43.68</b>	321
	50m:	38.30 38.30	150m:	2:06.80 43.98	250m:	3:40.37 49.86	350m:	5:07.23 37.88	
	100m:	1:22.82 44.52	200m:	2:50.51 43.71	300m:	4:29.35 48.98	400m:	5:43.68 36.45	
3.	Antonio Marinho, LEAL		05	Naval da Horta				<b>6:44.22</b>	197
	50m:	45.18 45.18	150m:	2:31.02 49.92	250m:	4:16.20 55.60	350m:	6:00.17 45.56	
	100m:	1:41.10 55.92	200m:	3:20.60 49.58	300m:	5:14.61 58.41	400m:	6:44.22 44.05	
4.	Henrique Silva, PEREIRA		05	Clube Naval de Ponta Delgada				<b>7:01.32</b>	174
	50m:	45.08 45.08	150m:	2:30.10 49.80	250m:	4:29.50 1:09.11	350m:	6:19.41 43.47	
	100m:	1:40.30 55.22	200m:	3:20.39 50.29	300m:	5:35.94 1:06.44	400m:	7:01.32 41.91	

Infantis A

1.	Francisco Oliveira, LOPES		04	Clube Act. Fisica Bombeiros De				<b>5:09.40</b>	440
	50m:	35.15 35.15	150m:	1:54.51 38.43	250m:	3:16.11 43.27	350m:	4:34.07 36.59	
	100m:	1:16.08 40.93	200m:	2:32.84 38.33	300m:	3:57.48 41.37	400m:	5:09.40 35.33	
2.	Antonio Manuel, PAZ		04	Clube Naval de Ponta Delgada				<b>5:24.86</b>	380
	50m:	33.13 33.13	150m:	1:53.43 41.09	250m:	3:23.67 49.45	350m:	4:50.60 36.14	
	100m:	1:12.34 39.21	200m:	2:34.22 40.79	300m:	4:14.46 50.79	400m:	5:24.86 34.26	
3.	Rafael Pacheco, CUNHA		04	Clube Act. Fisica Bombeiros De				<b>5:50.51</b>	303
	50m:	37.03 37.03	150m:	2:07.06 46.46	250m:	3:41.78 48.52	350m:	5:10.61 38.89	
	100m:	1:20.60 43.57	200m:	2:53.26 46.20	300m:	4:31.72 49.94	400m:	5:50.51 39.90	
4.	Romao Noronha, BRAZ		04	Clube Naval de Ponta Delgada				<b>5:58.44</b>	283
	50m:	38.24 38.24	150m:	2:11.91 48.05	250m:	3:47.73 49.58	350m:	5:19.18 41.98	
	100m:	1:23.86 45.62	200m:	2:58.15 46.24	300m:	4:37.20 49.47	400m:	5:58.44 39.26	
5.	Ismael Medeiros, MONIZ		04	Clube Act. Fisica Bombeiros De				<b>6:06.33</b>	265
	50m:	40.46 40.46	150m:	2:14.25 45.13	250m:	3:53.00 53.22	350m:	5:26.50 42.28	
	100m:	1:29.12 48.66	200m:	2:59.78 45.53	300m:	4:44.22 51.22	400m:	6:06.33 39.83	

Torneio de Fundo de Ponta Delgada18  
Ponta Delgada, 28-4-2018

Prova 3, Masc., 400m Estilos

Juvenis B

1. Joao Pedro, SANTOS	03	Clube Naval de Ponta Delgada	<b>5:07.73</b>	448
50m: 32.94 32.94	150m: 1:48.72 37.98	250m: 3:12.60 44.54	350m: 4:33.59 34.90	
100m: 1:10.74 37.80	200m: 2:28.06 39.34	300m: 3:58.69 46.09	400m: 5:07.73 34.14	
2. Rafael Braga, BORGES	03	Clube Naval de Ponta Delgada	<b>5:07.75</b>	448
50m: 33.16 33.16	150m: 1:50.02 38.91	250m: 3:15.13 45.39	350m: 4:35.50 34.16	
100m: 1:11.11 37.95	200m: 2:29.74 39.72	300m: 4:01.34 46.21	400m: 5:07.75 32.25	
3. Nuno Antonio, GOMES	03	Clube Naval de Ponta Delgada	<b>5:22.62</b>	388
50m: 34.46 34.46	150m: 1:55.08 41.26	250m: 3:26.36 49.24	350m: 4:48.36 34.00	
100m: 1:13.82 39.36	200m: 2:37.12 42.04	300m: 4:14.36 48.00	400m: 5:22.62 34.26	
4. Hugo Miguel, FARIA	03	Clube Naval de Ponta Delgada	<b>5:26.39</b>	375
50m: 34.48 34.48	150m: 1:57.37 40.99	250m: 3:24.30 46.07	350m: 4:48.76 38.23	
100m: 1:16.38 41.90	200m: 2:38.23 40.86	300m: 4:10.53 46.23	400m: 5:26.39 37.63	
5. David Carlos, ALVES	03	Clube Act. Fisica Bombeiros De	<b>5:43.59</b>	321
50m: 35.08 35.08	150m: 2:01.75 44.78	250m: 3:36.81 51.41	350m: 5:06.67 37.53	
100m: 1:16.97 41.89	200m: 2:45.40 43.65	300m: 4:29.14 52.33	400m: 5:43.59 36.92	

Juvenis A

1. Tomas Fraga, OLIVEIRA	02	Naval da Horta	<b>5:35.81</b>	344
50m: 33.60 33.60	150m: 1:57.26 43.57	250m: 3:30.96 51.15	350m: 4:59.30 38.51	
100m: 1:13.69 40.09	200m: 2:39.81 42.55	300m: 4:20.79 49.83	400m: 5:35.81 36.51	

Prova 4

Femin., 800m Livres

Absolutos

28-04-2018 - 15:30

Resultados

Infantis B Fem Inf B: 14:08.00 / Infantis A Fem Inf A: 12:48.00 / Juvenis B Fem Juv B: 12:00.00 / Juvenis A Fem Juv A: 11:46.00 / Juniores Fem Jun: 11:30.00 / Seniores Fem Sen: 11:05.00

Pontos: FINA 2017

Lugar	Ano		Tempo final	Pts
<b>Infantis B</b>				
1. Marta Lopes, BRITES	06	Clube Naval de Ponta Delgada	<b>10:59.26</b>	384
100m: 1:15.52 1:15.52	300m: 4:03.33 1:26.00	500m: 6:53.93 1:24.71	700m: 9:39.62 1:21.54	
200m: 2:37.33 1:21.81	400m: 5:29.22 1:25.89	600m: 8:18.08 1:24.15	800m: 10:59.26 1:19.64	
2. Diana Patricia, NEVES	06	Naval da Horta	<b>11:09.50</b>	367
100m: 1:16.85 1:16.85	300m: 4:06.43 1:25.09	500m: 6:55.58 1:24.21	700m: 9:47.43 1:26.06	
200m: 2:41.34 1:24.49	400m: 5:31.37 1:24.94	600m: 8:21.37 1:25.79	800m: 11:09.50 1:22.07	
3. Rita Campos, CARDOSO	06	Clube Act. Fisica Bombeiros De	<b>11:26.18</b>	340
100m: 1:22.37 1:22.37	300m: 4:19.07 1:27.97	500m: 7:13.89 1:27.44	700m: 10:05.47 1:25.54	
200m: 2:51.10 1:28.73	400m: 5:46.45 1:27.38	600m: 8:39.93 1:26.04	800m: 11:26.18 1:20.71	
4. Maria Isabel, GOMES	06	Clube Naval de Ponta Delgada	<b>11:44.62</b>	314
100m: 1:20.75 1:20.75	300m: 4:17.92 1:28.14	500m: 7:19.31 1:30.42	700m: 10:20.94 1:31.37	
200m: 2:49.78 1:29.03	400m: 5:48.89 1:30.97	600m: 8:49.57 1:30.26	800m: 11:44.62 1:23.68	
5. Julia Atamas, SILVA	06	Clube Naval de Ponta Delgada	<b>12:21.98</b>	269
100m: 1:27.79 1:27.79	300m: 4:36.95 1:34.63	500m: 7:46.06 1:34.63	700m: 10:53.22 1:33.43	
200m: 3:02.32 1:34.53	400m: 6:11.43 1:34.48	600m: 9:19.79 1:33.73	800m: 12:21.98 1:28.76	
6. Luciana Amorim, IVENS	06	Clube Naval de Ponta Delgada	<b>12:22.74</b>	268
100m: 1:28.28 1:28.28	300m: 4:37.14 1:34.75	500m: 7:46.81 1:34.29	700m: 10:54.19 1:33.24	
200m: 3:02.39 1:34.11	400m: 6:12.52 1:35.38	600m: 9:20.95 1:34.14	800m: 12:22.74 1:28.55	

Torneio de Fundo de Ponta Delgada18  
Ponta Delgada, 28-4-2018

Prova 4, Femin., 800m Livres, Infantis B

Lugar			Ano					Tempo final	Pts
7.	Diana Salvador, COSTA		06	Clube Act. Fisica Bombeiros De				<b>12:57.71</b>	234
	100m:	1:29.13 1:29.13	300m:	4:45.33 1:39.40	500m:	8:04.74 1:39.35	700m:	11:25.16 1:38.19	
	200m:	3:05.93 1:36.80	400m:	6:25.39 1:40.06	600m:	9:46.97 1:42.23	800m:	12:57.71 1:32.55	

Infantis A

1.	Sofia Pereira, SILVEIRA		05	Clube Act. Fisica Bombeiros De				<b>11:00.59</b>	382
	100m:	1:20.92 1:20.92	300m:	4:08.39 1:23.78	500m:	6:55.70 1:23.70	700m:	9:41.21 1:22.55	
	200m:	2:44.61 1:23.69	400m:	5:32.00 1:23.61	600m:	8:18.66 1:22.96	800m:	11:00.59 1:19.38	
2.	Constanca Neves, PARDAL		05	Clube Act. Fisica Bombeiros De				<b>11:21.83</b>	347
	100m:	1:17.88 1:17.88	300m:	4:09.53 1:26.49	500m:	7:02.39 1:26.78	700m:	9:57.71 1:27.23	
	200m:	2:43.04 1:25.16	400m:	5:35.61 1:26.08	600m:	8:30.48 1:28.09	800m:	11:21.83 1:24.12	
3.	Sofia Vieira, CABRAL		05	Clube Act. Fisica Bombeiros De				<b>11:26.36</b>	340
	100m:	1:19.15 1:19.15	300m:	4:12.11 1:27.37	500m:	7:07.94 1:27.36	700m:	10:02.26 1:26.45	
	200m:	2:44.74 1:25.59	400m:	5:40.58 1:28.47	600m:	8:35.81 1:27.87	800m:	11:26.36 1:24.10	

Juvenis B

1.	Margarida Borges, SILVA		04	Clube Act. Fisica Bombeiros De				<b>10:28.79</b>	443
	100m:	1:13.51 1:13.51	300m:	3:50.43 1:19.36	500m:	6:30.14 1:19.31	700m:	9:10.17 1:19.86	
	200m:	2:31.07 1:17.56	400m:	5:10.83 1:20.40	600m:	7:50.31 1:20.17	800m:	10:28.79 1:18.62	
2.	Rafaela Faustino, OLIVEIRA		04	Clube Act. Fisica Bombeiros De				<b>10:41.71</b>	416
	100m:	1:16.81 1:16.81	300m:	3:56.94 1:20.68	500m:	6:37.94 1:21.00	700m:	9:21.74 1:22.13	
	200m:	2:36.26 1:19.45	400m:	5:16.94 1:20.00	600m:	7:59.61 1:21.67	800m:	10:41.71 1:19.97	
3.	Ines Moniz, SILVESTRE		04	Clube Act. Fisica Bombeiros De				<b>12:02.27</b>	292
	100m:	1:24.31 1:24.31	300m:	4:25.37 1:31.44	500m:	7:29.94 1:32.49	700m:	10:35.09 1:31.87	
	200m:	2:53.93 1:29.62	400m:	5:57.45 1:32.08	600m:	9:03.22 1:33.28	800m:	12:02.27 1:27.18	

Juvenis A

1.	Laura Luz, FONSECA		03	Clube Naval de Ponta Delgada				<b>9:52.26</b>	530
	100m:	1:11.60 1:11.60	300m:	3:39.26 1:14.05	500m:	6:08.96 1:15.25	700m:	8:39.51 1:15.03	
	200m:	2:25.21 1:13.61	400m:	4:53.71 1:14.45	600m:	7:24.48 1:15.52	800m:	9:52.26 1:12.75	
2.	Maria Manuel, PACHECO		03	Clube Naval de Ponta Delgada				<b>9:52.39</b>	529
	100m:	1:11.94 1:11.94	300m:	3:38.68 1:13.63	500m:	6:08.86 1:15.78	700m:	8:39.60 1:15.33	
	200m:	2:25.05 1:13.11	400m:	4:53.08 1:14.40	600m:	7:24.27 1:15.41	800m:	9:52.39 1:12.79	
3.	Madalena Almeida, SANTOS		03	Clube Act. Fisica Bombeiros De				<b>10:37.60</b>	424
	100m:	1:16.46 1:16.46	300m:	3:55.97 1:20.20	500m:	6:37.83 1:20.83	700m:	9:18.72 1:20.06	
	200m:	2:35.77 1:19.31	400m:	5:17.00 1:21.03	600m:	7:58.66 1:20.83	800m:	10:37.60 1:18.88	
4.	Ana Amarante, DIAS		03	Clube Naval de Ponta Delgada				<b>10:38.78</b>	422
	100m:	1:13.97 1:13.97	300m:	3:52.12 1:20.07	500m:	6:34.58 1:21.23	700m:	9:17.58 1:20.77	
	200m:	2:32.05 1:18.08	400m:	5:13.35 1:21.23	600m:	7:56.81 1:22.23	800m:	10:38.78 1:21.20	
5.	Julia Medeiros, SEIXAS		03	Clube Naval de Ponta Delgada				<b>10:45.57</b>	409
	100m:	1:16.07 1:16.07	300m:	3:57.42 1:20.84	500m:	6:41.09 1:22.04	700m:	9:25.80 1:22.11	
	200m:	2:36.58 1:20.51	400m:	5:19.05 1:21.63	600m:	8:03.69 1:22.60	800m:	10:45.57 1:19.77	
6.	Maria Joao, BENTO		03	Clube Naval de Ponta Delgada				<b>10:48.19</b>	404
	100m:	1:14.32 1:14.32	300m:	3:55.31 1:22.18	500m:	6:41.18 1:23.11	700m:	9:28.12 1:23.58	
	200m:	2:33.13 1:18.81	400m:	5:18.07 1:22.76	600m:	8:04.54 1:23.36	800m:	10:48.19 1:20.07	
7.	Beatriz Almeida, CARVALHO		03	Clube Act. Fisica Bombeiros De				<b>11:29.66</b>	335
	100m:	1:18.63 1:18.63	300m:	4:09.59 1:26.18	500m:	7:05.39 1:27.82	700m:	10:02.40 1:28.06	
	200m:	2:43.41 1:24.78	400m:	5:37.57 1:27.98	600m:	8:34.34 1:28.95	800m:	11:29.66 1:27.26	