

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 1 Masc., 400m Estilos Absolutos
09/04/2021 - 15:30 Resultados

Seniores Masc Sen: 5:35.00 / Juniores Masc Jun: 5:52.00 / Juvenis A Masc Juv A: 6:10.00 / Juvenis B Masc Juv B: 6:33.00 /
Infantis A Masc Inf A: 7:00.00 / Infantis B Masc Inf B: 7:30.00

Pontos: FINA 2020

| Lugar | Ano | Tempo final | Pts |
|---------------------------|---------------------|-----------------------|---------------------|
| Infantis B | | | |
| 1. SANTOS, Rodrigo Canedo | 08 | 6:27.26 | 222 |
| 50m: 37.27 37.27 | 150m: 2:14.85 49.90 | 250m: 4:04.49 1:02.42 | 350m: 5:44.60 41.54 |
| 100m: 1:24.95 47.68 | 200m: 3:02.07 47.22 | 300m: 5:03.06 58.57 | 400m: 6:27.26 42.66 |
| 2. PEREIRA, Miguel Lima | 08 | 6:56.26 | 179 |
| 50m: 46.83 46.83 | 150m: 2:37.69 50.04 | 250m: 4:30.26 1:02.71 | 350m: 6:13.70 41.29 |
| 100m: 1:47.65 1:00.82 | 200m: 3:27.55 49.86 | 300m: 5:32.41 1:02.15 | 400m: 6:56.26 42.56 |
| 3. PIRES, Luis Maria | 08 | 7:07.01 | 166 |
| 50m: 50.01 50.01 | 150m: 2:48.24 52.56 | 250m: 4:36.94 58.76 | 350m: 6:22.84 46.19 |
| 100m: 1:55.68 1:05.67 | 200m: 3:38.18 49.94 | 300m: 5:36.65 59.71 | 400m: 7:07.01 44.17 |
| 4. CARVALHO, Joao Pedro | 08 | 7:07.25 | 165 |
| 50m: 45.32 45.32 | 150m: 2:38.92 52.03 | 250m: 4:34.71 1:04.38 | 350m: 6:22.67 45.67 |
| 100m: 1:46.89 1:01.57 | 200m: 3:30.33 51.41 | 300m: 5:37.00 1:02.29 | 400m: 7:07.25 44.58 |

Infantis A

| | | | |
|----------------------------|---------------------|---------------------|---------------------|
| 1. ALVES, Mateus Jose | 07 | 6:11.49 | 252 |
| 50m: 38.75 38.75 | 150m: 2:16.10 46.06 | 250m: 3:56.15 54.48 | 350m: 5:33.69 39.75 |
| 100m: 1:30.04 51.29 | 200m: 3:01.67 45.57 | 300m: 4:53.94 57.79 | 400m: 6:11.49 37.80 |
| 2. FEIJOCA, Afonso Macedo | 07 | 6:27.22 | 222 |
| 50m: 42.37 42.37 | 150m: 2:29.87 53.06 | 250m: 4:12.41 52.04 | 350m: 5:46.26 41.40 |
| 100m: 1:36.81 54.44 | 200m: 3:20.37 50.50 | 300m: 5:04.86 52.45 | 400m: 6:27.22 40.96 |
| 3. PEREIRA, Rodrigo Garcia | 07 | 6:41.94 | 199 |
| 50m: 44.57 44.57 | 150m: 2:31.54 48.40 | 250m: 4:16.99 56.81 | 350m: 5:59.24 44.79 |
| 100m: 1:43.14 58.57 | 200m: 3:20.18 48.64 | 300m: 5:14.45 57.46 | 400m: 6:41.94 42.70 |

Juvenis B

| | | | |
|-----------------------------|---------------------|---------------------|---------------------|
| 1. TOSTE, Martim Candido | 06 | 5:07.65 | 444 |
| 50m: 31.42 31.42 | 150m: 1:47.27 39.75 | 250m: 3:10.26 44.80 | 350m: 4:33.00 36.23 |
| 100m: 1:07.52 36.10 | 200m: 2:25.46 38.19 | 300m: 3:56.77 46.51 | 400m: 5:07.65 34.65 |
| 2. CASTRO, Augusto Bernardo | 06 | 5:16.24 | 409 |
| 50m: 32.00 32.00 | 150m: 1:48.47 38.87 | 250m: 3:14.89 46.94 | 350m: 4:40.46 37.33 |
| 100m: 1:09.60 37.60 | 200m: 2:27.95 39.48 | 300m: 4:03.13 48.24 | 400m: 5:16.24 35.78 |
| 3. MELO, Lourenco Filipe | 06 | 5:19.38 | 397 |
| 50m: 32.42 32.42 | 150m: 1:48.38 37.93 | 250m: 3:15.68 48.16 | 350m: 4:42.18 37.14 |
| 100m: 1:10.45 38.03 | 200m: 2:27.52 39.14 | 300m: 4:05.04 49.36 | 400m: 5:19.38 37.20 |
| 4. VICENTE, David Chagas | 06 | 5:51.78 | 297 |
| 50m: 36.86 36.86 | 150m: 2:05.43 45.98 | 250m: 3:41.11 51.40 | 350m: 5:13.14 40.56 |
| 100m: 1:19.45 42.59 | 200m: 2:49.71 44.28 | 300m: 4:32.58 51.47 | 400m: 5:51.78 38.64 |

Juvenis A

| | | | |
|------------------------|---------------------|---------------------|---------------------|
| 1. ANSELMO, Raul Sousa | 05 | 4:45.97 | 553 |
| 50m: 30.68 30.68 | 150m: 1:42.88 36.93 | 250m: 2:59.77 40.07 | 350m: 4:14.28 33.36 |
| 100m: 1:05.95 35.27 | 200m: 2:19.70 36.82 | 300m: 3:40.92 41.15 | 400m: 4:45.97 31.69 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 1, Masc., 400m Estilos, Juvenis A

| Lugar | | | Ano | | | | | Tempo final | Pts | | | |
|-------|-------------------------|---------|-------|--------------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 2. | MACHADO, Diogo Pimentel | | 05 | Clube Act. Fisica Bombeiros De | | | | 5:00.35 | 477 | | | |
| | 50m: | 31.66 | 31.66 | 150m: | 1:46.88 | 38.95 | 250m: | 3:07.68 | 41.52 | 350m: | 4:26.05 | 35.45 |
| | 100m: | 1:07.93 | 36.27 | 200m: | 2:26.16 | 39.28 | 300m: | 3:50.60 | 42.92 | 400m: | 5:00.35 | 34.30 |

Juniores

| | | | | | | | | | | | | |
|----|---------------------------|---------|-------|--------------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 1. | LOPES, Francisco Oliveira | | 04 | Clube Act. Fisica Bombeiros De | | | | 4:53.32 | 513 | | | |
| | 50m: | 31.93 | 31.93 | 150m: | 1:46.26 | 39.30 | 250m: | 3:05.36 | 39.91 | 350m: | 4:20.07 | 34.45 |
| | 100m: | 1:06.96 | 35.03 | 200m: | 2:25.45 | 39.19 | 300m: | 3:45.62 | 40.26 | 400m: | 4:53.32 | 33.25 |

Seniores

| | | | | | | | | | | | | |
|-----|-----------------------|---------|-------|------------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 1. | OLIVEIRA, Tomas Fraga | | 02 | Naval da Horta | | | | 5:17.35 | 405 | | | |
| | 50m: | 32.84 | 32.84 | 150m: | 1:51.61 | 41.49 | 250m: | 3:18.05 | 46.26 | 350m: | 4:41.78 | 37.20 |
| | 100m: | 1:10.12 | 37.28 | 200m: | 2:31.79 | 40.18 | 300m: | 4:04.58 | 46.53 | 400m: | 5:17.35 | 35.57 |
| 2. | SOUSA, Eryk Swalkien | | 02 | Clube Naval de Ponta Delgada | | | | 5:22.06 | 387 | | | |
| | 50m: | 32.03 | 32.03 | 150m: | 1:50.42 | 41.31 | 250m: | 3:17.80 | 46.62 | 350m: | 4:44.08 | 40.07 |
| | 100m: | 1:09.11 | 37.08 | 200m: | 2:31.18 | 40.76 | 300m: | 4:04.01 | 46.21 | 400m: | 5:22.06 | 37.98 |
| EXH | LOPES, Luis Afonso | | 03 | Viver Santarem | | | | 4:34.82 | 623 | | | |
| | 50m: | 29.32 | 29.32 | 150m: | 1:38.95 | 36.33 | 250m: | 2:54.04 | 39.60 | 350m: | 4:05.54 | 31.08 |
| | 100m: | 1:02.62 | 33.30 | 200m: | 2:14.44 | 35.49 | 300m: | 3:34.46 | 40.42 | 400m: | 4:34.82 | 29.28 |
| EXH | SARREIRA, Tomas Amor | | 05 | Nautico Marinha Grande | | | | 4:39.96 | 590 | | | |
| | 50m: | 29.38 | 29.38 | 150m: | 1:38.16 | 35.86 | 250m: | 2:55.10 | 40.85 | 350m: | 4:09.35 | 32.33 |
| | 100m: | 1:02.30 | 32.92 | 200m: | 2:14.25 | 36.09 | 300m: | 3:37.02 | 41.92 | 400m: | 4:39.96 | 30.61 |

Prova 3

Masc., 50m Bruços

15 anos e mais velhos

09/04/2021 - 15:50

Resultados

Juvenis B Masc Juv B: 37.00 / Juvenis A Masc Juv A: 37.00 / Juniores Masc Jun: 37.00 / Seniores Masc Sen: 36.00

Pontos: FINA 2020

| Lugar | | | Ano | | | | | Tempo final | Pts |
|-----------|-----------------------------|--|-----|----------------|--|--|--|--------------|-----|
| Juvenis B | | | | | | | | | |
| 1. | RODRIGUES, Francisco Manuel | | 06 | Naval da Horta | | | | 36.18 | 339 |

Juniores

| | | | | | | | | | |
|----|-------------------------|--|----|--------------------------------|--|--|--|--------------|-----|
| 1. | MATOS, Gil Amaral | | 04 | Terceira Auto Clube | | | | 32.80 | 456 |
| 2. | BRAZ, Romao Noronha | | 04 | Clube Naval de Ponta Delgada | | | | 33.13 | 442 |
| 3. | FARIA, Hugo Miguel | | 03 | Clube Act. Fisica Bombeiros De | | | | 33.58 | 425 |
| 4. | RENDEIRO, Miguel Vargas | | 03 | Núcleo Sporting | | | | 34.01 | 409 |

Seniores

| | | | | | | | | | |
|----|--------------------------|--|----|------------------------------|--|--|--|--------------|-----|
| 1. | VALENTE, Nicolau Augusto | | 01 | CDE Agua de Pau | | | | 35.31 | 365 |
| 2. | VERISSIMO, Luis Miguel | | 98 | Terceira Auto Clube | | | | 35.76 | 352 |
| 3. | LEONARDO, Diogo Peixoto | | 02 | Naval da Horta | | | | 35.81 | 350 |
| 4. | CRUZ, Henrique Benevides | | 83 | Clube Naval de Ponta Delgada | | | | 50.04 | 128 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 5 Absolutos
09/04/2021 - 15:55 Resultados

Infantis A Masc Inf A: 1:14.00 / Infantis B Masc Inf B: 1:18.00 / Juvenis A Masc Juv A: 1:04.00 / Juvenis B Masc Juv B: 1:08.50 /
Juniões Masc Jun: 1:02.00 / Seniores Masc Sen: 59.50

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|-------|-----|--|-------------|-----|-----|------|
|-------|-----|--|-------------|-----|-----|------|

Infantis B

| | | | | | | | |
|----|------------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | SOUSA, Miguel Carreiro | 08 | CDE Agua de Pau | 1:12.64 | 236 | 34.82 | 37.82 |
| 2. | DIEZ, Tiago Oliveira | 08 | Naval Praia da Vitoria | 1:14.30 | 221 | 35.34 | 38.96 |
| 3. | MELO, Santiago Machado | 08 | Naval da Horta | 1:15.33 | 212 | 34.96 | 40.37 |

Infantis A

| | | | | | | | |
|----|---------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | ALEXANDRINO, Vasco Garcia | 07 | Naval da Horta | 1:03.19 | 359 | 30.05 | 33.14 |
| 2. | PINA, Pedro Pacheco | 07 | Clube Act. Fisica Bombeiros De | 1:04.52 | 337 | 30.75 | 33.77 |
| 3. | MANES, Bernardo Silva | 07 | Clube Act. Fisica Bombeiros De | 1:06.66 | 306 | 31.63 | 35.03 |

Juvenis B

| | | | | | | | |
|----|------------------------|----|---------------------|----------------|-----|-------|-------|
| 1. | MEDEIROS, Tomas Araujo | 06 | CDE Agua de Pau | 1:05.15 | 328 | 30.81 | 34.34 |
| 2. | CAMARA, Joao Melo | 06 | Terceira Auto Clube | 1:05.85 | 317 | 31.40 | 34.45 |

Juvenis A

| | | | | | | | |
|----|------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | LEAL, Antonio Marinho | 05 | Naval da Horta | 57.09 | 487 | 27.31 | 29.78 |
| 2. | SOUSA, Afonso Coelho | 05 | Núcleo Sporting | 57.38 | 480 | 27.42 | 29.96 |
| 3. | BUNKOVSKIS, Rihards | 05 | CDE Agua de Pau | 1:00.97 | 400 | 29.00 | 31.97 |
| 4. | GARCIA, Goncalo Raposo | 05 | Clube Act. Fisica Bombeiros De | 1:01.02 | 399 | 28.92 | 32.10 |

Juniões

| | | | | | | | |
|----|-------------------------|----|--------------------------------|--------------|-----|-------|-------|
| 1. | SILVA, Gustavo Carvalho | 04 | Naval Praia da Vitoria | 53.16 | 604 | 25.78 | 27.38 |
| 2. | SANTOS, Joao Pedro | 03 | Clube Act. Fisica Bombeiros De | 57.04 | 489 | 26.93 | 30.11 |

Seniores

| | | | | | | | |
|----|------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | PEDROSA, Carlos Lopes | 94 | Clube Act. Fisica Bombeiros De | 53.37 | 597 | 25.53 | 27.84 |
| 2. | VIEIRA, Diogo Silveira | 01 | Naval da Horta | 59.64 | 427 | 29.01 | 30.63 |
| 3. | PONTE, Andre Carreiro | 92 | Clube Naval de Ponta Delgada | 1:11.47 | 248 | 33.57 | 37.90 |

| | | | | | | | |
|-----|---------------------------|----|------------------------|--------------|-----|-------|-------|
| EXH | SILVA, Ricardo Lopes | 03 | Nautico Marinha Grande | 53.07 | 607 | 25.81 | 27.26 |
| EXH | NUNES, Guilherme Oliveira | 98 | Leixões Sport Clube | 54.17 | 570 | 26.13 | 28.04 |

Prova 7 Absolutos
09/04/2021 - 16:00 Resultados

Infantis A Masc Inf A: 1:32.00 / Infantis B Masc Inf B: 1:38.00 / Juvenis A Masc Juv A: 1:20.00 / Juvenis B Masc Juv B: 1:25.00 /
Juniões Masc Jun: 1:15.00 / Seniores Masc Sen: 1:12.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|-------|-----|--|-------------|-----|-----|------|
|-------|-----|--|-------------|-----|-----|------|

Infantis A

| | | | | | | | |
|----|-------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | REBELO, Goncalo Moniz | 07 | CDE Agua de Pau | 1:10.58 | 316 | 32.23 | 38.35 |
| 2. | SUBICA, Afonso Carreiro | 07 | Clube Act. Fisica Bombeiros De | 1:15.65 | 256 | 34.81 | 40.84 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 7, Masc., 100m Mariposa

Juvenis A

| | | | | | | |
|---------------------------|----|-----------------|----------------|-----|-------|-------|
| 1. TEIXEIRA, Tomas Borges | 05 | Núcleo Sporting | 1:07.87 | 355 | 32.04 | 35.83 |
| 2. BENTO, Joao Silva | 05 | CDE Agua de Pau | 1:13.31 | 282 | 33.41 | 39.90 |

Juniores

| | | | | | | |
|-----------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. COSTA, Joao Peres | 04 | Naval Praia da Vitoria | 57.75 | 577 | 27.01 | 30.74 |
| 2. AGUIAR, Vasco Ormonde | 04 | Terceira Auto Clube | 1:00.99 | 489 | 27.95 | 33.04 |
| 3. PAZ, Antonio Manuel | 04 | Clube Act. Fisica Bombeiros De | 1:01.59 | 475 | 28.68 | 32.91 |
| 4. PACHECO, Francisco Silva | 04 | Núcleo Sporting | 1:04.04 | 423 | 29.67 | 34.37 |
| 5. BORGES, Rafael Braga | 03 | Clube Act. Fisica Bombeiros De | 1:05.76 | 390 | 30.16 | 35.60 |
| 6. MENDES, Tomas Marques | 04 | Núcleo Sporting | 1:10.18 | 321 | 32.07 | 38.11 |
| 7. SOARES, Daniel Pacheco | 04 | Clube Naval de Ponta Delgada | 1:14.93 | 264 | 34.14 | 40.79 |
| DSQ GOMES, Nuno Antonio | 03 | Clube Act. Fisica Bombeiros De | | | | |

720 - Não chegou com as mãos na parede simultaneamente - SW 7.6

Seniores

| | | | | | | |
|-------------------------|----|------------------------|----------------|-----|-------|-------|
| 1. PEREIRA, Jose Manuel | 02 | Naval Praia da Vitoria | 1:04.39 | 416 | 29.67 | 34.72 |
|-------------------------|----|------------------------|----------------|-----|-------|-------|

Prova 9

Masc., 4 x 100m Estilos

Absolutos
Resultados

09/04/2021 - 16:15

Pontos: FINA 2020

| Lugar | | | | | Tempo final | Pts | |
|-------------------------------------|--------------------------------|-------|---------|--------------------------|----------------|-------|---------|
| Absolutos | | | | | | | |
| 1. Clube Act. Fisica Bombeiros De 1 | Clube Act. Fisica Bombeiros De | | | | 4:03.19 | 549 | |
| SANTOS, Joao Pedro | 03 | 30.03 | 1:03.46 | PEDROSA, Carlos Lopes | 94 | 26.04 | 56.65 |
| LOPES, Francisco Oliveira | 04 | 32.66 | 1:09.04 | PAZ, Antonio Manuel | 04 | 25.76 | 54.04 |
| 2. Naval Praia da Vitoria 1 | Naval Praia da Vitoria | | | | 4:04.48 | 540 | |
| SILVA, Gustavo Carvalho | | 27.40 | 56.48 | PEREIRA, Jose Manuel | +0,39 | 30.54 | 1:03.60 |
| COSTA, Joao Peres | +0,24 | 30.93 | 1:06.18 | TOSTE, Martim Candido | +0,03 | 27.48 | 58.22 |
| 3. Núcleo Sporting 1 | Núcleo Sporting | | | | 4:25.79 | 420 | |
| SOUSA, Afonso Coelho | | 32.39 | 1:06.46 | PACHECO, Francisco Silva | +0,46 | 29.83 | 1:04.02 |
| RENDEIRO, Miguel Vargas | +0,44 | 34.07 | 1:14.41 | TEIXEIRA, Tomas Borges | +0,59 | 28.82 | 1:00.90 |
| 4. Terceira Auto Clube 1 | Terceira Auto Clube | | | | 4:28.43 | 408 | |
| CAMARA, Joao Melo | 06 | 35.03 | 1:12.36 | AGUIAR, Vasco Ormonde | 04 | 28.41 | 1:02.69 |
| MATOS, Gil Amaral | 04 | 33.90 | 1:12.32 | VERISSIMO, Luis Miguel | 98 | 28.94 | 1:01.06 |
| 5. Clube Naval de Ponta Delgada 1 | Clube Naval de Ponta Delgada | | | | 4:33.02 | 388 | |
| MELO, Lourenco Filipe | 06 | 33.44 | 1:08.61 | SOUSA, Eryk Swalkien | 02 | 30.69 | 1:08.17 |
| BRAZ, Romao Noronha | 04 | 34.09 | 1:12.95 | SOARES, Daniel Pacheco | 04 | 29.86 | 1:03.29 |
| 6. Naval da Horta 1 | Naval da Horta | | | | 4:34.93 | 380 | |
| LEAL, Antonio Marinho | | 32.50 | 1:07.89 | PEREIRA, Rodrigo Sousa | +0,73 | 31.40 | 1:08.55 |
| RODRIGUES, Francisco Manuel | +0,59 | 36.52 | 1:18.10 | VIEIRA, Diogo Silveira | +0,49 | 29.38 | 1:00.39 |
| 7. CDE Agua de Pau 1 | CDE Agua de Pau | | | | 4:48.24 | 329 | |
| FAIAL, Diogo Lima | | 33.63 | 1:09.68 | REBELO, Goncalo Moniz | +0,75 | 35.89 | 1:16.86 |
| VALENTE, Nicolau Augusto | +0,49 | 37.18 | 1:19.87 | BUNKOVSKIS, Rihards | +0,37 | 28.88 | 1:01.83 |
| 8. CDE Agua de Pau 2 | CDE Agua de Pau | | | | 5:15.43 | 251 | |
| SOUSA, Miguel Carreiro | 08 | 41.01 | 1:26.19 | BENTO, Joao Silva | 05 | 35.87 | 1:17.93 |
| ALMEIDA, Antonio Botelho | 04 | 38.83 | 1:23.36 | MEDEIROS, Tomas Araujo | 06 | 32.31 | 1:07.95 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 2 Femin., 200m Livres Absolutos
09/04/2021 - 17:30 Resultados

Infantis A Fem Inf A: 2:57.00 / Infantis B Fem Inf B: 3:16.00 / Juvenis A Fem Juv A: 2:48.00 / Juvenis B Fem Juv B: 2:52.50 /
Juniões Fem Jun: 2:40.00 / Seniores Fem Sen: 2:36.00

Pontos: FINA 2020

| Lugar | Ano | Tempo final | Pts | 50m | 100m | 150m | 200m |
|-------|-----|-------------|-----|-----|------|------|------|
|-------|-----|-------------|-----|-----|------|------|------|

Infantis B

| | | | | | | | | |
|----|---------------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | CARDOSO, Raquel Camp09 | Clube Act. Fisica Bombeiro | 2:34.26 | 366 | 34.20 | 39.08 | 41.48 | 39.50 |
| 2. | CABRAL, Laura Vieira 09 | Clube Act. Fisica Bombeiro | 2:52.78 | 261 | 38.12 | 44.74 | 45.83 | 44.09 |
| 3. | FERREIRA, Ines Goncalve09 | Núcleo Sporting | 2:53.14 | 259 | 38.21 | 44.44 | 46.83 | 43.66 |
| 4. | CUNHA, Beatriz Rosa 09 | CDE Agua de Pau | 3:04.48 | 214 | 40.37 | 47.04 | 47.16 | 49.91 |

Infantis A

| | | | | | | | | |
|----|----------------------------|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | MENDES, Mariana Avila 08 | Núcleo Sporting | 2:34.87 | 362 | 34.85 | 38.65 | 41.38 | 39.99 |
| 2. | FONTES, Maria Ines 08 | Naval da Horta | 2:34.90 | 362 | 35.47 | 38.88 | 40.79 | 39.76 |
| 3. | VIEIRA, Maria Margarida 08 | Naval da Horta | 2:44.20 | 304 | 38.53 | 42.22 | 42.44 | 41.01 |
| 4. | REBELO, Frederica Brito 08 | Clube Naval de Ponta Delg | 2:47.07 | 288 | 34.89 | 42.30 | 45.66 | 44.22 |

Juvenis B

| | | | | | | | | |
|----|--------------------------|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | COELHO, Lara Raquel 07 | Núcleo Sporting | 2:29.28 | 404 | 33.69 | 37.29 | 39.22 | 39.08 |
| 2. | ROCHA, Bruna Fantasia 07 | Núcleo Sporting | 2:35.16 | 360 | 33.88 | 37.68 | 40.52 | 43.08 |
| 3. | RESENDES, Ana Maria 07 | Clube Naval de Ponta Delg | 2:46.40 | 292 | 37.47 | 41.00 | 44.27 | 43.66 |

Juvenis A

| | | | | | | | | |
|----|---------------------------|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | BARBEITO, Laura Espinol06 | Núcleo Sporting | 2:20.26 | 488 | 31.49 | 34.55 | 37.19 | 37.03 |
| 2. | ALMEIDA, Isabel Pires 06 | Núcleo Sporting | 2:21.04 | 479 | 32.18 | 34.68 | 37.04 | 37.14 |
| 3. | GOMES, Maria Isabel 06 | Clube Naval de Ponta Delg | 2:22.10 | 469 | 32.02 | 35.48 | 38.38 | 36.22 |
| 4. | AVILA, Leonor Espinola 06 | Naval Praia da Vitoria | 2:31.66 | 386 | 33.76 | 37.68 | 40.03 | 40.19 |

Juniões

| | | | | | | | | |
|----|--------------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | PACHECO, Mariana Fatim05 | Bombeiros Ribeira Grande | 2:32.99 | 376 | 33.56 | 38.73 | 40.68 | 40.02 |
| 2. | RESENDES, Teresa Fatin04 | Bombeiros Ribeira Grande | 2:36.32 | 352 | 34.31 | 39.82 | 41.31 | 40.88 |

| | | | | | | | | |
|-----|-------------------------|---------------------|----------------|-----|-------|-------|-------|-------|
| EXH | ARMAS, Maria Ornelas 98 | Vikings Sports Club | 2:16.90 | 524 | 31.17 | 33.63 | 35.66 | 36.44 |
|-----|-------------------------|---------------------|----------------|-----|-------|-------|-------|-------|

Prova 4 Femin., 50m Costas 14 anos e mais velhos
09/04/2021 - 17:40 Resultados

Juvenis B Fem Juv B: 39.00 / Juvenis A Fem Juv A: 39.00 / Juniões Fem Jun: 39.00 / Seniores Fem Sen: 37.50

Pontos: FINA 2020

| Lugar | Ano | Tempo final | Pts |
|-------|-----|-------------|-----|
|-------|-----|-------------|-----|

Juvenis B

| | | | | |
|----|--------------------------|-----------------|--------------|-----|
| 1. | SOUSA, Matilde Filipe 07 | Núcleo Sporting | 33.92 | 433 |
| 2. | MONIZ, Ana Rita 07 | Núcleo Sporting | 34.20 | 422 |

Juvenis A

| | | | | |
|----|--------------------------|------------------------------|--------------|-----|
| 1. | Brites, Marta Lopes 06 | Clube Naval de Ponta Delgada | 32.23 | 505 |
| 2. | NEVES, Diana Patricia 06 | Naval da Horta | 32.81 | 478 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 4, Femin., 50m Costas

Juniiores

| | | | | |
|----------------------------|----|--------------------------------|--------------|-----|
| 1. ROCHA, Maria Cleto | 04 | Naval da Horta | 33.68 | 442 |
| 2. SILVA, Margarida Borges | 04 | Clube Act. Fisica Bombeiros De | 34.48 | 412 |
| 3. ROSA, Sara Henriques | 05 | Núcleo Sporting | 35.18 | 388 |
| 4. REIS, Mariana Tavares | 05 | CDE Agua de Pau | 35.61 | 374 |
| 5. NARCISO, Leticia Cabral | 05 | CDE Agua de Pau | 38.27 | 301 |

Seniores

| | | | | |
|-----------------------------|----|--------------------------------|--------------|-----|
| 1. FONSECA, Laura Luz | 03 | Clube Act. Fisica Bombeiros De | 33.23 | 460 |
| 2. SANTOS, Madalena Almeida | 03 | Clube Act. Fisica Bombeiros De | 34.28 | 419 |

Prova 6

Femin., 100m Bruços

Absolutos
Resultados

09/04/2021 - 17:45

Juniiores Fem Jun: 1:31.50 / Infantis A Fem Inf A: 1:39.50 / Infantis B Fem Inf B: 1:45.00 / Juvenis A Fem Juv A: 1:34.50 / Juvenis B Fem Juv B: 1:37.00 / Seniores Fem Sen: 1:29.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | |
|-------------------|-----|---------------------------|--------------------------------|----------------|-----|-------|-------|
| Infantis B | | | | | | | |
| 1. | 09 | SOUSA, Clara Tonel | Naval Praia da Vitoria | 1:41.43 | 232 | 47.54 | 53.89 |
| 2. | 09 | VIEIRA, Maria Brum | CDE Agua de Pau | 1:44.17 | 214 | 50.09 | 54.08 |
| Infantis A | | | | | | | |
| 1. | 08 | RODRIGUES, Maria Rita | Naval da Horta | 1:29.77 | 335 | 42.92 | 46.85 |
| 2. | 08 | GONCALVES, Sara Cristina | Bombeiros Ribeira Grande | 1:30.75 | 324 | 42.52 | 48.23 |
| 3. | 08 | SILVA, Mariana Medeiros | Naval da Horta | 1:36.74 | 267 | 47.58 | 49.16 |
| 4. | 08 | CUNHA, Matilde Rosa | CDE Agua de Pau | 1:41.52 | 231 | 48.01 | 53.51 |
| Juvenis B | | | | | | | |
| 1. | 07 | SOUSA, Inês Tonel | Naval Praia da Vitoria | 1:21.24 | 452 | 37.64 | 43.60 |
| 2. | 07 | AFONSO, Leonor Lima | Núcleo Sporting | 1:27.90 | 357 | 40.80 | 47.10 |
| 3. | 07 | LOPES, Ana Rita | Terceira Auto Clube | 1:29.50 | 338 | 42.73 | 46.77 |
| 4. | 07 | MELO, Catarina Baptista | Bombeiros Ribeira Grande | 1:29.79 | 334 | 42.25 | 47.54 |
| 5. | 07 | MELO, Benedita Cardoso | Naval Praia da Vitoria | 1:32.19 | 309 | 42.94 | 49.25 |
| Juvenis A | | | | | | | |
| 1. | 06 | CABRAL, Nuria Costa | CDE Agua de Pau | 1:22.17 | 437 | 38.75 | 43.42 |
| 2. | 06 | SILVA, Julia Atamas | Clube Naval de Ponta Delgada | 1:29.85 | 334 | 42.07 | 47.78 |
| 3. | 06 | COUTO, Matilde Rodrigues | CDE Agua de Pau | 1:33.43 | 297 | 44.04 | 49.39 |
| Juniiores | | | | | | | |
| 1. | 05 | SILVEIRA, Sofia Pereira | Clube Act. Fisica Bombeiros De | 1:22.80 | 427 | 38.57 | 44.23 |
| 2. | 04 | COUTO, Ines Ferreira | Clube Act. Fisica Bombeiros De | 1:24.23 | 405 | 39.88 | 44.35 |
| Seniores | | | | | | | |
| 1. | 91 | RAPOSO, Carolina Ferreira | Clube Act. Fisica Bombeiros De | 1:20.00 | 473 | 37.39 | 42.61 |

Campeonato Regional Categorias 2021
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Prova 8 Absolutos
09/04/2021 - 17:50 Resultados

Infantis A Fem Inf A: 3:35.00 / Infantis B Fem Inf B: 3:50.00 / Juvenis B Fem Juv B: 3:31.00 / Juvenis A Fem Juv A: 3:27.00 /
Juniore Fem Jun: 3:20.00 / Seniores Fem Sen: 3:12.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|-------------------|--------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| Infantis B | | | | | | | | | |
| 1. | NETO, Maria Ines | 09 | Clube Act. Fisica Bombeiro | 3:08.71 | 254 | 39.17 | 48.87 | 51.74 | 48.93 |
| Infantis A | | | | | | | | | |
| 1. | SOUSA, Margarida Carreir | 08 | CDE Agua de Pau | 3:18.28 | 219 | 42.24 | 50.27 | 52.51 | 53.26 |
| Juvenis B | | | | | | | | | |
| 1. | PEREIRA, Maria Fagunde | 07 | Naval Praia da Vitoria | 2:52.49 | 333 | 35.95 | 43.08 | 46.29 | 47.17 |
| Juvenis A | | | | | | | | | |
| 1. | LANDEIRO, Beatriz Lourei | 06 | Naval Praia da Vitoria | 3:05.61 | 267 | 40.20 | 47.95 | 49.40 | 48.06 |
| Juniore | | | | | | | | | |
| 1. | RINO, Maria Pedro | 05 | Naval Praia da Vitoria | 2:27.82 | 529 | 32.82 | 36.79 | 38.35 | 39.86 |

Prova 10 Absolutos
09/04/2021 - 18:05 Resultados

Pontos: FINA 2020

| Lugar | | | | Tempo final | Pts | | | |
|------------------|----------------------------------|-------|--------------------------------|----------------|--------------------------|-------|-------|---------|
| Absolutos | | | | | | | | |
| 1. | Clube Act. Fisica Bombeiros De 1 | | Clube Act. Fisica Bombeiros De | 4:45.83 | 489 | | | |
| | SANTOS, Madalena Almeida | 03 | 35.12 | 1:12.14 | SILVA, Margarida Borges | 04 | 32.40 | 1:11.03 |
| | SILVEIRA, Sofia Pereira | 05 | 37.41 | 1:21.39 | FONSECA, Laura Luz | 03 | 29.27 | 1:01.27 |
| 2. | Núcleo Sporting 1 | | Núcleo Sporting | 4:48.37 | 476 | | | |
| | BARBEITO, Laura Espinola | | 34.29 | 1:10.09 | MONIZ, Ana Rita | +0,44 | 32.16 | 1:10.90 |
| | SOUSA, Matilde Filipe | +0,59 | 39.70 | 1:24.65 | ALMEIDA, Isabel Pires | +0,43 | 29.89 | 1:02.73 |
| 3. | Naval Praia da Vitoria 1 | | Naval Praia da Vitoria | 4:55.44 | 442 | | | |
| | RINO, Maria Pedro | | 35.31 | 1:12.55 | PEREIRA, Maria Fagundes | +0,45 | 33.88 | 1:14.71 |
| | SOUSA, Inês Tonel | +0,54 | 37.18 | 1:20.93 | AVILA, Leonor Espinola | +0,42 | 31.39 | 1:07.25 |
| 4. | Clube Naval de Ponta Delgada 1 | | Clube Naval de Ponta Delgada | 5:01.52 | 416 | | | |
| | Brites, Marta Lopes | 06 | 34.44 | 1:10.99 | SANTOS, Sofia Isabel | 04 | 34.46 | 1:16.81 |
| | SILVA, Julia Atamas | 06 | 41.80 | 1:28.54 | GOMES, Maria Isabel | 06 | 30.55 | 1:05.18 |
| 5. | Naval da Horta 1 | | Naval da Horta | 5:10.97 | 379 | | | |
| | NEVES, Diana Patricia | 06 | 34.94 | 1:11.06 | ROCHA, Maria Cleto | 04 | 33.87 | 1:16.09 |
| | RODRIGUES, Maria Rita | 08 | 43.29 | 1:31.22 | FONTES, Maria Ines | 08 | 34.66 | 1:12.60 |
| 6. | CDE Agua de Pau 1 | | CDE Agua de Pau | 5:22.28 | 341 | | | |
| | MACHADO, Natacha Furtado | | 40.21 | 1:24.24 | REIS, Mariana Tavares | +0,56 | 37.67 | 1:23.62 |
| | CABRAL, Nuria Costa | +0,60 | 39.34 | 1:24.07 | COUTO, Matilde Rodrigues | +0,49 | 33.81 | 1:10.35 |
| 7. | Bombeiros Ribeira Grande 1 | | Bombeiros Ribeira Grande | 5:23.73 | 336 | | | |
| | MELO, Catarina Baptista | 07 | 38.20 | 1:19.31 | PACHECO, Mariana Fatima | 05 | 37.56 | 1:22.16 |
| | GONCALVES, Sara Cristina | 08 | 43.32 | 1:32.27 | RESENDES, Teresa Fatima | 04 | 32.90 | 1:09.99 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 10, Femin., 4 x 100m Estilos, Absolutos

| Lugar | | | | | | Tempo final | Pts |
|-------|-------------------------|-------------|---------|---------------------------|-------|----------------|---------|
| 8. | CDE Agua de Pau 2 | | | CDE Agua de Pau | | 5:56.60 | 251 |
| | NARCISO, Leticia Cabral | 40.99 | 1:25.09 | SOUZA, Margarida Carreiro | | 40.95 | 1:29.91 |
| | CUNHA, Matilde Rosa | +0,85 48.71 | 1:41.44 | VIEIRA, Maria Brum | +0,72 | 39.26 | 1:20.16 |

Prova 12
10/04/2021 - 9:00

Femin., 400m Livres

Absolutos
Resultados

Infantis A Fem Inf A: 6:16.00 / Infantis B Fem Inf B: 6:38.00 / Juvenis A Fem Juv A: 5:45.00 / Juvenis B Fem Juv B: 6:00.00 /
Juniiores Fem Jun: 5:35.00 / Seniores Fem Sen: 5:25.00

Pontos: FINA 2020

| Lugar | | Ano | | | | Tempo final | Pts |
|-------------------|--------------------------|---------------|--------------------------------|---------------|-------|----------------|-------|
| Infantis B | | | | | | | |
| 1. | CABRAL, Laura Vieira | 09 | Clube Act. Fisica Bombeiros De | | | 6:07.54 | 257 |
| | 50m: 39.78 39.78 | 150m: 2:13.74 | 47.89 | 250m: 3:48.97 | 47.75 | 350m: 5:23.68 | 47.51 |
| | 100m: 1:25.85 46.07 | 200m: 3:01.22 | 47.48 | 300m: 4:36.17 | 47.20 | 400m: 6:07.54 | 43.86 |
| 2. | FERREIRA, Ines Goncalves | 09 | Núcleo Sporting | | | 6:17.05 | 238 |
| | 50m: 41.13 41.13 | 150m: 2:16.68 | 48.32 | 250m: 3:52.23 | 46.62 | 350m: 5:30.05 | 48.25 |
| | 100m: 1:28.36 47.23 | 200m: 3:05.61 | 48.93 | 300m: 4:41.80 | 49.57 | 400m: 6:17.05 | 47.00 |

Infantis A

| | | | | | | | |
|----|---------------------------|---------------|--------------------------------|---------------|-------|----------------|-------|
| 1. | SOUZA, Margarida Carreiro | 08 | CDE Agua de Pau | | | 5:55.59 | 284 |
| | 50m: 39.71 39.71 | 150m: 2:09.59 | 45.96 | 250m: 3:42.38 | 46.59 | 350m: 5:13.48 | 46.15 |
| | 100m: 1:23.63 43.92 | 200m: 2:55.79 | 46.20 | 300m: 4:27.33 | 44.95 | 400m: 5:55.59 | 42.11 |
| 2. | REBELO, Frederica Brito | 08 | Clube Naval de Ponta Delgada | | | 6:03.53 | 266 |
| | 50m: 39.59 39.59 | 150m: 2:13.73 | 48.06 | 250m: 3:48.39 | 47.28 | 350m: 5:22.61 | 47.43 |
| | 100m: 1:25.67 46.08 | 200m: 3:01.11 | 47.38 | 300m: 4:35.18 | 46.79 | 400m: 6:03.53 | 40.92 |
| 3. | TIAGO, Andreia Borges | 08 | Clube Act. Fisica Bombeiros De | | | 6:16.93 | 239 |
| | 50m: 41.63 41.63 | 150m: 2:16.36 | 48.01 | 250m: 3:51.62 | 46.93 | 350m: 5:27.72 | 48.57 |
| | 100m: 1:28.35 46.72 | 200m: 3:04.69 | 48.33 | 300m: 4:39.15 | 47.53 | 400m: 6:16.93 | 49.21 |

Juvenis B

| | | | | | | | |
|----|-----------------------|---------------|-----------------|---------------|-------|----------------|-------|
| 1. | ROCHA, Bruna Fantasia | 07 | Núcleo Sporting | | | 5:25.64 | 370 |
| | 50m: 35.68 35.68 | 150m: 1:56.17 | 40.86 | 250m: 3:19.38 | 41.81 | 350m: 4:44.06 | 42.52 |
| | 100m: 1:15.31 39.63 | 200m: 2:37.57 | 41.40 | 300m: 4:01.54 | 42.16 | 400m: 5:25.64 | 41.58 |

Juniiores

| | | | | | | | |
|----|---------------------|---------------|------------------------|---------------|-------|----------------|-------|
| 1. | RINO, Maria Pedro | 05 | Naval Praia da Vitoria | | | 4:45.87 | 547 |
| | 50m: 32.81 32.81 | 150m: 1:45.52 | 36.55 | 250m: 2:57.69 | 35.69 | 350m: 4:09.82 | 36.25 |
| | 100m: 1:08.97 36.16 | 200m: 2:22.00 | 36.48 | 300m: 3:33.57 | 35.88 | 400m: 4:45.87 | 36.05 |

Campeonato Regional Categorias 2021
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Prova 14 Femin., 50m Livres 14 anos e mais velhos
10/04/2021 - 9:05 Resultados

Juvenis A Fem Juv A: 33.00 / Juvenis B Fem Juv B: 33.00 / Juniores Fem Jun: 33.00 / Seniores Fem Sen: 32.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts |
|------------------------|-----|-------------------------|-------------|-----|
| Juvenis B | | | | |
| 1. | 07 | PEREIRA, Maria Fagundes | 31.61 | 381 |
| Naval Praia da Vitoria | | | | |

Juvenis A

| | | | | |
|------------------------------|----|--------------------------|-------|-----|
| 1. | 06 | ALMEIDA, Isabel Pires | 29.72 | 459 |
| 2. | 06 | GOMES, Maria Isabel | 30.10 | 442 |
| 3. | 06 | IVENS, Luciana Amorim | 31.28 | 393 |
| 4. | 06 | COUTO, Matilde Rodrigues | 32.04 | 366 |
| Núcleo Sporting | | | | |
| Clube Naval de Ponta Delgada | | | | |
| Clube Naval de Ponta Delgada | | | | |
| CDE Agua de Pau | | | | |

Juniores

| | | | | |
|--------------------------------|----|-------------------------|-------|-----|
| 1. | 04 | SILVA, Margarida Borges | 30.03 | 445 |
| 2. | 04 | RESENDES, Teresa Fatima | 31.08 | 401 |
| Clube Act. Fisica Bombeiros De | | | | |
| Bombeiros Ribeira Grande | | | | |

Prova 16 Femin., 100m Costas Absolutos
10/04/2021 - 9:10 Resultados

Infantis B Fem Inf B: 1:39.00 / Infantis A Fem Inf A: 1:33.50 / Juvenis A Fem Juv A: 1:29.00 / Juvenis B Fem Juv B: 1:31.00 /
Juniores Fem Jun: 1:25.90 / Seniores Fem Sen: 1:23.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|--------------------------------|-----|------------------------|-------------|-----|-------|-------|
| Infantis B | | | | | | |
| 1. | 09 | CARDOSO, Raquel Campos | 1:25.43 | 265 | 40.53 | 44.90 |
| 2. | 09 | VIEIRA, Maria Brum | 1:26.63 | 254 | 41.89 | 44.74 |
| 3. | 09 | SOUSA, Clara Tonel | 1:32.46 | 209 | 44.80 | 47.66 |
| 4. | 09 | COSTA, Maria Joao | 1:36.92 | 181 | 46.24 | 50.68 |
| 5. | 09 | BORBA, Margarida Pinto | 1:38.03 | 175 | 47.24 | 50.79 |
| 6. | 09 | CUNHA, Beatriz Rosa | 1:38.42 | 173 | 47.31 | 51.11 |
| Clube Act. Fisica Bombeiros De | | | | | | |
| CDE Agua de Pau | | | | | | |
| Naval Praia da Vitoria | | | | | | |
| Bombeiros Ribeira Grande | | | | | | |
| Núcleo Sporting | | | | | | |
| CDE Agua de Pau | | | | | | |

Infantis A

| | | | | | | |
|-----------------|----|---------------------------|---------|-----|-------|-------|
| 1. | 08 | MENDES, Mariana Avila | 1:21.50 | 305 | 39.40 | 42.10 |
| 2. | 08 | SILVA, Mariana Medeiros | 1:23.86 | 280 | 41.90 | 41.96 |
| 3. | 08 | RODRIGUES, Maria Rita | 1:24.84 | 270 | 40.30 | 44.54 |
| 4. | 08 | VIEIRA, Maria Margarida | 1:26.51 | 255 | 42.84 | 43.67 |
| 5. | 08 | LEONARDO, Beatriz Peixoto | 1:28.22 | 240 | 43.56 | 44.66 |
| Núcleo Sporting | | | | | | |
| Naval da Horta | | | | | | |
| Naval da Horta | | | | | | |
| Naval da Horta | | | | | | |
| Naval da Horta | | | | | | |

Juvenis B

| | | | | | | |
|--------------------------|----|-------------------------|---------|-----|-------|-------|
| 1. | 07 | MONIZ, Ana Rita | 1:14.76 | 395 | 35.89 | 38.87 |
| 2. | 07 | SOUSA, Matilde Filipe | 1:16.60 | 367 | 36.45 | 40.15 |
| 3. | 07 | MELO, Catarina Baptista | 1:16.90 | 363 | 37.11 | 39.79 |
| Núcleo Sporting | | | | | | |
| Núcleo Sporting | | | | | | |
| Bombeiros Ribeira Grande | | | | | | |

Juvenis A

| | | | | | | |
|------------------------------|----|--------------------------|---------|-----|-------|-------|
| 1. | 06 | Brites, Marta Lopes | 1:10.31 | 475 | 33.98 | 36.33 |
| 2. | 06 | MACHADO, Natacha Furtado | 1:26.10 | 259 | 41.72 | 44.38 |
| Clube Naval de Ponta Delgada | | | | | | |
| CDE Agua de Pau | | | | | | |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 16, Femin., 100m Costas

Juniores

| | | | | | | |
|----------------------------|----|-----------------|----------------|-----|-------|-------|
| 1. ROCHA, Maria Cleto | 04 | Naval da Horta | 1:12.26 | 438 | 35.38 | 36.88 |
| 2. ROSA, Sara Henriques | 05 | Núcleo Sporting | 1:16.09 | 375 | 36.58 | 39.51 |
| 3. REIS, Mariana Tavares | 05 | CDE Agua de Pau | 1:16.81 | 364 | 36.64 | 40.17 |
| 4. NARCISO, Leticia Cabral | 05 | CDE Agua de Pau | 1:24.60 | 273 | 41.09 | 43.51 |

Seniores

| | | | | | | |
|-----------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. FONSECA, Laura Luz | 03 | Clube Act. Fisica Bombeiros De | 1:11.86 | 445 | 34.58 | 37.28 |
| 2. SANTOS, Madalena Almeida | 03 | Clube Act. Fisica Bombeiros De | 1:12.49 | 434 | 35.38 | 37.11 |

Prova 18

Femin., 200m Estilos

Absolutos

10/04/2021 - 9:15

Resultados

Infantis A Fem Inf A: 3:35.00 / Infantis B Fem Inf B: 3:45.00 / Juvenis A Fem Juv A: 3:15.00 / Juvenis B Fem Juv B: 3:25.00 /

Juniores Fem Jun: 3:05.00 / Seniores Fem Sen: 3:00.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m |
|---------------------------|-----|----------------------------|----------------|-----|-------|-------|---------|-------|
| Infantis B | | | | | | | | |
| 1. NETO, Maria Ines | 09 | Clube Act. Fisica Bombeiro | 3:00.65 | 306 | 37.75 | 47.44 | 55.55 | 39.91 |
| 2. COSTA, Maria Joao | 09 | Bombeiros Ribeira Grande | 3:34.56 | 183 | 48.64 | 52.78 | 1:03.86 | 49.28 |
| 3. BORBA, Margarida Pinto | 09 | Núcleo Sporting | 3:37.08 | 176 | 53.33 | 53.15 | 1:00.60 | 50.00 |

Infantis A

| | | | | | | | | |
|----------------------------|----|----------------------------|----------------|-----|-------|-------|---------|-------|
| 1. FONTES, Maria Ines | 08 | Naval da Horta | 2:59.86 | 311 | 40.66 | 45.96 | 53.34 | 39.90 |
| 2. GONCALVES, Sara Cristir | 08 | Bombeiros Ribeira Grande | 3:07.30 | 275 | 41.00 | 48.31 | 51.90 | 46.09 |
| 3. CUNHA, Matilde Rosa | 08 | CDE Agua de Pau | 3:18.48 | 231 | 46.01 | 54.18 | 54.31 | 43.98 |
| 4. BOTELHO, Maria Correia | 08 | Clube Act. Fisica Bombeiro | 3:22.29 | 218 | 46.84 | 50.32 | 1:00.84 | 44.29 |
| 5. TOSTE, Maria Antonia | 08 | Núcleo Sporting | 3:26.14 | 206 | 45.54 | 51.70 | 1:01.67 | 47.23 |

Juvenis B

| | | | | | | | | |
|---------------------------|----|---------------------------|----------------|-----|-------|-------|---------|-------|
| 1. COELHO, Lara Raquel | 07 | Núcleo Sporting | 2:44.81 | 404 | 36.41 | 41.49 | 49.61 | 37.30 |
| 2. LOPES, Ana Rita | 07 | Terceira Auto Clube | 2:56.76 | 327 | 41.96 | 44.12 | 50.69 | 39.99 |
| 3. AFONSO, Leonor Lima | 07 | Núcleo Sporting | 2:58.51 | 318 | 39.24 | 46.55 | 50.94 | 41.78 |
| 4. MELO, Benedita Cardoso | 07 | Naval Praia da Vitoria | 2:59.72 | 311 | 38.34 | 47.68 | 51.86 | 41.84 |
| 5. RESENDES, Ana Maria | 07 | Clube Naval de Ponta Delg | 3:18.01 | 233 | 44.34 | 48.40 | 1:00.08 | 45.19 |
| 6. COSTA, Ana Miguel | 07 | Bombeiros Ribeira Grande | 3:20.61 | 224 | 45.28 | 48.10 | 1:02.21 | 45.02 |

DSQ SOUSA, Inês Tonel 07 Naval Praia da Vitoria
719 - Toque alternado na viragem aos 50 m - SW 7.6

Juvenis A

| | | | | | | | | |
|-----------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. BARBEITO, Laura Espinol | 06 | Núcleo Sporting | 2:36.69 | 470 | 33.60 | 39.44 | 50.25 | 33.40 |
| 2. NEVES, Diana Patricia | 06 | Naval da Horta | 2:36.73 | 470 | 34.86 | 38.76 | 48.87 | 34.24 |
| 3. SILVA, Julia Atamas | 06 | Clube Naval de Ponta Delg | 2:47.98 | 381 | 36.40 | 43.60 | 47.60 | 40.38 |
| 4. CABRAL, Nuria Costa | 06 | CDE Agua de Pau | 2:50.79 | 363 | 37.09 | 45.57 | 48.24 | 39.89 |
| 5. AVILA, Leonor Espinola | 06 | Naval Praia da Vitoria | 2:52.24 | 354 | 38.17 | 43.63 | 52.50 | 37.94 |
| 6. LANDEIRO, Beatriz Lourei | 06 | Naval Praia da Vitoria | 3:06.76 | 277 | 41.43 | 47.17 | 57.37 | 40.79 |

DSQ BOTELHO, Sofia Maria 06 Bombeiros Ribeira Grande
Interrompeu o estilo durante o percurso mariposa

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 18, Femin., 200m Estilos

Juniores

| | | | | | | | | |
|----------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. SILVEIRA, Sofia Pereira | 05 | Clube Act. Fisica Bombeiro | 2:45.94 | 396 | 36.59 | 43.36 | 46.27 | 39.72 |
| 2. COUTO, Ines Ferreira | 04 | Clube Act. Fisica Bombeiro | 2:54.55 | 340 | 37.95 | 45.86 | 47.89 | 42.85 |
| 3. PACHECO, Mariana Fatim | 05 | Bombeiros Ribeira Grande | 2:58.61 | 317 | 36.99 | 46.89 | 53.14 | 41.59 |
| EXH ARMAS, Maria Ornelas | 98 | Vikings Sports Club | 2:34.02 | 495 | 34.72 | 36.92 | 46.73 | 35.65 |

Prova 20

10/04/2021 - 9:40

Femin., 4 x 50m Estilos

14 anos e mais velhos
Resultados

Pontos: FINA 2020

| Lugar | | | | Tempo final | Pts |
|-------|----------------------------------|--------------------------------|-----------------------------|----------------|-------|
| 1. | Clube Act. Fisica Bombeiros De 1 | Clube Act. Fisica Bombeiros De | | 2:10.02 | 488 |
| | SANTOS, Madalena Almeida 03 | 34.03 | SILVA, Margarida Borges 04 | | 31.86 |
| | RAPOSO, Carolina Ferreira 91 | 35.75 | FONSECA, Laura Luz 03 | | 28.38 |
| 2. | Clube Naval de Ponta Delgada 1 | Clube Naval de Ponta Delgada | | 2:14.38 | 442 |
| | GOMES, Maria Isabel 06 | 34.64 | SANTOS, Sofia Isabel 04 | | 33.05 |
| | SILVA, Julia Atamas 06 | 39.79 | BRITES, Marta Lopes 06 | | 26.90 |
| 3. | CDE Agua de Pau 1 | CDE Agua de Pau | | 2:23.74 | 361 |
| | NARCISO, Leticia Cabral 05 | 38.66 | REIS, Mariana Tavares 05 | +0,79 | 35.89 |
| | CABRAL, Nuria Costa 06 | +0,52 37.12 | COUTO, Matilde Rodrigues 06 | +0,33 | 32.07 |

Prova 11

10/04/2021 - 10:50

Masc., 1500m Livres

Absolutos
Resultados

Infantis A Masc Inf A: 25:30.00 / Juvenis A Masc Juv A: 21:50.00 / Juvenis B Masc Juv B: 23:00.00 / Juniores Masc Jun: 20:50.00 / Seniores Masc Sen: 20:20.00

Pontos: FINA 2020

| Lugar | | Ano | | Tempo final | Pts |
|------------|------------------------------|------------------------|--------------------------------|-------------------------|-----|
| Infantis B | | | | | |
| 1. | SANTOS, Rodrigo Canedo | 08 | Clube Act. Fisica Bombeiros De | 22:43.31 | 240 |
| | 100m: 1:19.84 1:19.84 | 500m: 7:19.91 1:32.67 | 900m: 13:27.81 1:32.62 | 1300m: 19:42.28 1:34.35 | |
| | 200m: 2:49.51 1:29.67 | 600m: 8:49.14 1:29.23 | 1000m: 14:59.10 1:31.29 | 1400m: 21:15.51 1:33.23 | |
| | 300m: 4:17.13 1:27.62 | 700m: 10:22.62 1:33.48 | 1100m: 16:34.27 1:35.17 | 1500m: 22:43.31 1:27.80 | |
| | 400m: 5:47.24 1:30.11 | 800m: 11:55.19 1:32.57 | 1200m: 18:07.93 1:33.66 | | |
| 2. | PEREIRA, Miguel Lima | 08 | Clube Act. Fisica Bombeiros De | 22:51.96 | 236 |
| | 100m: 1:24.11 1:24.11 | 500m: 7:34.72 1:32.39 | 900m: 13:43.21 1:33.39 | 1300m: 19:54.09 1:32.97 | |
| | 200m: 2:55.92 1:31.81 | 600m: 9:04.89 1:30.17 | 1000m: 15:16.34 1:33.13 | 1400m: 21:25.41 1:31.32 | |
| | 300m: 4:28.53 1:32.61 | 700m: 10:37.88 1:32.99 | 1100m: 16:49.01 1:32.67 | 1500m: 22:51.96 1:26.55 | |
| | 400m: 6:02.33 1:33.80 | 800m: 12:09.82 1:31.94 | 1200m: 18:21.12 1:32.11 | | |
| 3. | PIRES, Luis Maria | 08 | Clube Naval de Ponta Delgada | 23:41.90 | 212 |
| | 100m: 1:21.33 1:21.33 | 500m: 7:39.83 1:35.29 | 900m: 14:05.05 1:36.19 | 1300m: 20:31.40 1:36.23 | |
| | 200m: 2:55.55 1:34.22 | 600m: 9:15.78 1:35.95 | 1000m: 15:41.50 1:36.45 | 1400m: 22:07.81 1:36.41 | |
| | 300m: 4:29.75 1:34.20 | 700m: 10:52.59 1:36.81 | 1100m: 17:18.54 1:37.04 | 1500m: 23:41.90 1:34.09 | |
| | 400m: 6:04.54 1:34.79 | 800m: 12:28.86 1:36.27 | 1200m: 18:55.17 1:36.63 | | |
| DSQ | CARVALHO, Joao Pedro | 08 | Naval da Horta | | |
| | 403 - Falsa partida - SW 4.4 | | | | |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 11, Masc., 1500m Livres

Infantis A

| | | | | |
|--------------------------|------------------------|--------------------------------|-------------------------|-----|
| 1. MANES, Bernardo Silva | 07 | Clube Act. Fisica Bombeiros De | 20:41.63 | 318 |
| 100m: 1:12.44 1:12.44 | 500m: 6:47.08 1:23.50 | 900m: 12:23.47 1:24.29 | 1300m: 17:59.74 1:23.60 | |
| 200m: 2:35.30 1:22.86 | 600m: 8:11.28 1:24.20 | 1000m: 13:47.59 1:24.12 | 1400m: 19:22.69 1:22.95 | |
| 300m: 3:59.12 1:23.82 | 700m: 9:35.81 1:24.53 | 1100m: 15:12.38 1:24.79 | 1500m: 20:41.63 1:18.94 | |
| 400m: 5:23.58 1:24.46 | 800m: 10:59.18 1:23.37 | 1200m: 16:36.14 1:23.76 | | |
| 2. ALVES, Mateus Jose | 07 | Clube Act. Fisica Bombeiros De | 20:51.45 | 311 |
| 100m: 1:15.43 1:15.43 | 500m: 6:49.57 1:23.45 | 900m: 12:26.25 1:24.51 | 1300m: 18:06.19 1:24.15 | |
| 200m: 2:38.29 1:22.86 | 600m: 8:13.52 1:23.95 | 1000m: 13:52.36 1:26.11 | 1400m: 19:29.98 1:23.79 | |
| 300m: 4:01.40 1:23.11 | 700m: 9:37.24 1:23.72 | 1100m: 15:17.45 1:25.09 | 1500m: 20:51.45 1:21.47 | |
| 400m: 5:26.12 1:24.72 | 800m: 11:01.74 1:24.50 | 1200m: 16:42.04 1:24.59 | | |

Juvenis B

| | | | | |
|-----------------------------|------------------------|--------------------------------|-------------------------|-----|
| 1. CASTRO, Augusto Bernardo | 06 | Clube Act. Fisica Bombeiros De | 19:18.48 | 392 |
| 100m: 1:11.17 1:11.17 | 500m: 6:18.25 1:16.62 | 900m: 11:26.23 1:15.97 | 1300m: 16:39.04 1:19.39 | |
| 200m: 2:27.65 1:16.48 | 600m: 7:34.70 1:16.45 | 1000m: 12:43.04 1:16.81 | 1400m: 17:58.03 1:18.99 | |
| 300m: 3:44.83 1:17.18 | 700m: 8:52.41 1:17.71 | 1100m: 14:00.87 1:17.83 | 1500m: 19:18.48 1:20.45 | |
| 400m: 5:01.63 1:16.80 | 800m: 10:10.26 1:17.85 | 1200m: 15:19.65 1:18.78 | | |
| 2. VICENTE, David Chagas | 06 | Clube Act. Fisica Bombeiros De | 20:22.34 | 333 |
| 100m: 1:16.43 1:16.43 | 500m: 6:46.30 1:21.88 | 900m: 12:14.33 1:22.18 | 1300m: 17:42.63 1:21.81 | |
| 200m: 2:38.90 1:22.47 | 600m: 8:08.58 1:22.28 | 1000m: 13:36.48 1:22.15 | 1400m: 19:04.31 1:21.68 | |
| 300m: 4:01.17 1:22.27 | 700m: 9:30.06 1:21.48 | 1100m: 14:58.85 1:22.37 | 1500m: 20:22.34 1:18.03 | |
| 400m: 5:24.42 1:23.25 | 800m: 10:52.15 1:22.09 | 1200m: 16:20.82 1:21.97 | | |

Juvenis A

| | | | | |
|----------------------------|------------------------|--------------------------------|-------------------------|-----|
| 1. ANSELMO, Raul Sousa | 05 | Clube Act. Fisica Bombeiros De | 16:51.51 | 589 |
| 100m: 1:02.86 1:02.86 | 500m: 5:31.74 1:07.67 | 900m: 10:03.56 1:08.63 | 1300m: 14:37.50 1:08.82 | |
| 200m: 2:09.34 1:06.48 | 600m: 6:39.56 1:07.82 | 1000m: 11:11.64 1:08.08 | 1400m: 15:46.05 1:08.55 | |
| 300m: 3:16.58 1:07.24 | 700m: 7:47.06 1:07.50 | 1100m: 12:20.26 1:08.62 | 1500m: 16:51.51 1:05.46 | |
| 400m: 4:24.07 1:07.49 | 800m: 8:54.93 1:07.87 | 1200m: 13:28.68 1:08.42 | | |
| 2. MACHADO, Diogo Pimentel | 05 | Clube Act. Fisica Bombeiros De | 17:58.57 | 486 |
| 100m: 1:06.50 1:06.50 | 500m: 5:53.65 1:13.77 | 900m: 10:47.02 1:13.17 | 1300m: 15:35.40 1:12.90 | |
| 200m: 2:16.42 1:09.92 | 600m: 7:07.25 1:13.60 | 1000m: 11:59.36 1:12.34 | 1400m: 16:47.67 1:12.27 | |
| 300m: 3:27.64 1:11.22 | 700m: 8:20.44 1:13.19 | 1100m: 13:11.38 1:12.02 | 1500m: 17:58.57 1:10.90 | |
| 400m: 4:39.88 1:12.24 | 800m: 9:33.85 1:13.41 | 1200m: 14:22.50 1:11.12 | | |
| 3. GARCIA, Goncalo Raposo | 05 | Clube Act. Fisica Bombeiros De | 18:55.50 | 416 |
| 100m: 1:07.27 1:07.27 | 500m: 6:12.59 1:18.64 | 900m: 11:21.25 1:17.43 | 1300m: 16:27.37 1:16.96 | |
| 200m: 2:21.51 1:14.24 | 600m: 7:28.81 1:16.22 | 1000m: 12:36.16 1:14.91 | 1400m: 17:42.14 1:14.77 | |
| 300m: 3:37.71 1:16.20 | 700m: 8:45.18 1:16.37 | 1100m: 13:53.07 1:16.91 | 1500m: 18:55.50 1:13.36 | |
| 400m: 4:53.95 1:16.24 | 800m: 10:03.82 1:18.64 | 1200m: 15:10.41 1:17.34 | | |

Juniores

| | | | | |
|------------------------|-----------------------|--------------------------------|-------------------------|-----|
| 1. PAZ, Antonio Manuel | 04 | Clube Act. Fisica Bombeiros De | 17:24.05 | 535 |
| 100m: 1:03.17 1:03.17 | 500m: 5:42.36 1:10.90 | 900m: 10:22.56 1:09.75 | 1300m: 15:05.06 1:09.89 | |
| 200m: 2:11.13 1:07.96 | 600m: 6:52.56 1:10.20 | 1000m: 11:33.17 1:10.61 | 1400m: 16:14.88 1:09.82 | |
| 300m: 3:20.95 1:09.82 | 700m: 8:02.61 1:10.05 | 1100m: 12:44.19 1:11.02 | 1500m: 17:24.05 1:09.17 | |
| 400m: 4:31.46 1:10.51 | 800m: 9:12.81 1:10.20 | 1200m: 13:55.17 1:10.98 | | |

| | | | | |
|--------------------------|-----------------------|-------------------------|-------------------------|-----|
| EXH SARREIRA, Tomas Amor | 05 | Nautico Marinha Grande | 16:30.08 | 628 |
| 100m: 1:01.04 1:01.04 | 500m: 5:24.09 1:06.28 | 900m: 9:49.45 1:06.22 | 1300m: 14:18.38 1:07.19 | |
| 200m: 2:05.36 1:04.32 | 600m: 6:30.13 1:06.04 | 1000m: 10:56.10 1:06.65 | 1400m: 15:25.90 1:07.52 | |
| 300m: 3:11.65 1:06.29 | 700m: 7:36.62 1:06.49 | 1100m: 12:03.75 1:07.65 | 1500m: 16:30.08 1:04.18 | |
| 400m: 4:17.81 1:06.16 | 800m: 8:43.23 1:06.61 | 1200m: 13:11.19 1:07.44 | | |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 13 Masc., 50m Mariposa 15 anos e mais velhos
10/04/2021 - 11:35 Resultados

Juvenis A Masc Juv A: 34.00 / Juvenis B Masc Juv B: 34.00 / Juniores Masc Jun: 34.00 / Seniores Masc Sen: 32.50

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts |
|------------------|-----|---------------------------|-------------|-----|
| Juvenis B | | | | |
| 1. | 06 | MELO, Lourenco Filipe | 29.47 | 402 |
| 2. | 06 | MEDEIROS, Tomas Araujo | 32.29 | 305 |
| Juvenis A | | | | |
| 1. | 05 | SOUSA, Afonso Coelho | 29.56 | 398 |
| 2. | 05 | TEIXEIRA, Tomas Borges | 31.98 | 314 |
| 3. | 05 | BENTO, Joao Silva | 33.03 | 285 |
| Juniores | | | | |
| 1. | 04 | AGUIAR, Vasco Ormonde | 27.38 | 501 |
| 2. | 03 | SANTOS, Joao Pedro | 28.05 | 466 |
| 3. | 03 | GOMES, Nuno Antonio | 28.46 | 446 |
| 4. | 03 | BORGES, Rafael Braga | 29.31 | 408 |
| 5. | 03 | FARIA, Hugo Miguel | 29.33 | 407 |
| 6. | 04 | PACHECO, Francisco Silva | 29.71 | 392 |
| | 03 | PEREIRA, Rodrigo Sousa | 29.71 | 392 |
| 8. | 04 | MENDES, Tomas Marques | 31.39 | 332 |
| 9. | 04 | SOARES, Daniel Pacheco | 33.62 | 270 |
| Seniores | | | | |
| 1. | 94 | PEDROSA, Carlos Lopes | 26.20 | 572 |
| 2. | 02 | PEREIRA, Jose Manuel | 29.24 | 411 |
| 3. | 01 | VALENTE, Nicolau Augusto | 30.76 | 353 |
| 4. | 02 | LEONARDO, Diogo Peixoto | 31.36 | 333 |
| 5. | 01 | VIEIRA, Diogo Silveira | 31.86 | 318 |
| 6. | 01 | COSTA, Rafael Resendes | 32.23 | 307 |
| EXH | 98 | NUNES, Guilherme Oliveira | 26.90 | 528 |
| EXH | 03 | SILVA, Ricardo Lopes | 27.31 | 505 |

Prova 15 Masc., 200m Bruços Absolutos
10/04/2021 - 11:40 Resultados

Infantis A Masc Inf A: 3:30.00 / Infantis B Masc Inf B: 3:40.00 / Juvenis A Masc Juv A: 3:10.00 / Juvenis B Masc Juv B: 3:20.00 / Juniores Masc Jun: 3:05.00 / Seniores Masc Sen: 3:02.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m |
|-------------------|-----|------------------------------|-------------|-----|-----|------|------|------|
| Infantis B | | | | | | | | |
| DSQ | | BERBEREIA, Raul Sarroei08 | | | | | | |
| | | 403 - Falsa partida - SW 4.4 | | | | | | |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 15, Masc., 200m Bruços

Infantis A

| | | | | | | | | |
|----------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. REBELO, Goncalo Moniz | 07 | CDE Agua de Pau | 3:08.19 | 260 | 40.39 | 47.76 | 50.95 | 49.09 |
| 2. SUBICA, Afonso Carreiro | 07 | Clube Act. Fisica Bombeiro | 3:09.84 | 253 | 41.71 | 47.82 | 50.37 | 49.94 |
| 3. TOSTE, Rodrigo Inacio | 07 | Terceira Auto Clube | 3:11.06 | 248 | 42.86 | 48.32 | 49.21 | 50.67 |
| 4. FEIJOCA, Afonso Macedo | 07 | Clube Act. Fisica Bombeiro | 3:19.83 | 217 | 44.11 | 50.06 | 52.31 | 53.35 |

Juvenis B

| | | | | | | | | |
|--------------------------|----|----------------|----------------|-----|-------|-------|-------|-------|
| 1. RODRIGUES, F. | 06 | Naval da Horta | 2:48.72 | 361 | 38.86 | 43.48 | 42.45 | 43.93 |
| DSQ FEIO, Henrique Canha | 06 | Naval da Horta | | | | | | |

703 - Pernada de golfinho após a braçada submarina - SW 7.1

Juniores

| | | | | | | | | |
|------------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. LOPES, Francisco Oliveira | 04 | Clube Act. Fisica Bombeiro | 2:30.81 | 505 | 34.67 | 37.70 | 38.80 | 39.64 |
| 2. MATOS, Gil Amaral | 04 | Terceira Auto Clube | 2:38.17 | 438 | 35.36 | 40.65 | 40.21 | 41.95 |
| 3. BRAZ, Romao Noronha | 04 | Clube Naval de Ponta Delg | 2:42.38 | 405 | 35.72 | 40.69 | 42.15 | 43.82 |
| 4. RENDEIRO, Miguel Varga | 03 | Núcleo Sporting | 2:47.80 | 367 | 35.66 | 41.71 | 44.70 | 45.73 |
| 5. ALMEIDA, Antonio Botelho | 04 | CDE Agua de Pau | 3:00.93 | 292 | 41.14 | 46.09 | 46.15 | 47.55 |

Seniores

| | | | | | | | | |
|---------------------------|----|---------------------------|----------------|-----|-------|---------|---------|---------|
| 1. SOUSA, Eryk Swalkien | 02 | Clube Naval de Ponta Delg | 2:46.27 | 377 | 37.52 | 42.36 | 43.19 | 43.20 |
| 2. OLIVEIRA, Tomas Fraga | 02 | Naval da Horta | 2:53.68 | 331 | 39.04 | 43.82 | 44.90 | 45.92 |
| 3. CRUZ, Henrique Benevid | 83 | Clube Naval de Ponta Delg | 4:23.38 | 94 | 57.75 | 1:08.09 | 1:11.42 | 1:06.12 |
| EXH LOPES, Luis Afonso | 03 | Viver Santarem | 2:22.93 | 594 | 32.37 | 37.64 | 36.79 | 36.13 |

Prova 17

Masc., 200m Costas

Absolutos
Resultados

10/04/2021 - 11:55

Infantis A Masc Inf A: 3:19.00 / Infantis B Masc Inf B: 3:32.00 / Juvenis A Masc Juv A: 2:58.00 / Juvenis B Masc Juv B: 3:08.00 / Juniores Masc Jun: 2:51.00 / Seniores Masc Sen: 2:48.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m |
|----------------------------|-----|------------------------|----------------|-----|-------|-------|-------|-------|
| Infantis B | | | | | | | | |
| 1. DIEZ, Tiago Oliveira | 08 | Naval Praia da Vitoria | 2:51.58 | 233 | 38.70 | 43.83 | 44.79 | 44.26 |
| 2. MELO, Santiago Machado | 08 | Naval da Horta | 3:05.26 | 185 | 43.64 | 47.18 | 48.33 | 46.11 |
| DSQ SOUSA, Miguel Carreiro | 08 | CDE Agua de Pau | | | | | | |

121 - Viragem dos ... m não efetuada em movimento contínuo após terminada a braçada - SW 6.4

Infantis A

| | | | | | | | | |
|----------------------------|-----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. ALEXANDRINO, Vasco Ga | 07a | Naval da Horta | 2:32.40 | 332 | 35.41 | 38.38 | 39.82 | 38.79 |
| 2. PINA, Pedro Pacheco | 07 | Clube Act. Fisica Bombeiro | 2:44.57 | 264 | 37.45 | 41.60 | 44.24 | 41.28 |
| 3. PEREIRA, Rodrigo Garcia | 07 | Naval da Horta | 3:03.84 | 189 | 43.26 | 48.16 | 48.17 | 44.25 |
| DSQ NAZARE, Gustavo Costa | 07 | Naval da Horta | | | | | | |

603 - Após viragem saiu em posição ventral aos 25 m - SW 6.2

Juvenis B

| | | | | | | | | |
|--------------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. TOSTE, Martim Candido | 06 | Naval Praia da Vitoria | 2:26.14 | 377 | 34.03 | 36.82 | 38.16 | 37.13 |
| 2. CAMARA, Joao Melo | 06 | Terceira Auto Clube | 2:37.07 | 304 | 36.47 | 39.55 | 41.34 | 39.71 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 17, Masc., 200m Costas

Juvenis A

| | | | | | | | | |
|--------------------------|----|-----------------|----------------|-----|-------|-------|-------|-------|
| 1. LEAL, Antonio Marinho | 05 | Naval da Horta | 2:24.08 | 394 | 32.72 | 35.82 | 37.57 | 37.97 |
| 2. BUNKOVSIS, Rihards | 05 | CDE Agua de Pau | 2:34.86 | 317 | 34.85 | 38.38 | 41.00 | 40.63 |

Juniores

| | | | | | | | | |
|----------------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. SILVA, Gustavo Carvalho | 04 | Naval Praia da Vitoria | 2:02.67 | 638 | 29.20 | 31.44 | 31.31 | 30.72 |
| 2. COSTA, Joao Peres | 04 | Naval Praia da Vitoria | 2:05.47 | 596 | 29.81 | 31.66 | 31.78 | 32.22 |

Seniores

| | | | | | | | | |
|----------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. SANTIMANO, Afonso Marti | 01 | Naval da Horta | 2:31.85 | 336 | 34.25 | 37.85 | 39.48 | 40.27 |
| 2. FAIAL, Diogo Lima | 02 | CDE Agua de Pau | 2:33.78 | 324 | 34.40 | 37.87 | 41.02 | 40.49 |
| 3. VERISSIMO, Luis Miguel | 98 | Terceira Auto Clube | 2:35.12 | 315 | 36.63 | 38.25 | 40.32 | 39.92 |
| 4. PONTE, Andre Carreiro | 92 | Clube Naval de Ponta Delg | 2:51.84 | 232 | 39.35 | 44.25 | 45.22 | 43.02 |

Prova 19

Masc., 4 x 50m Estilos

15 anos e mais velhos

10/04/2021 - 12:15

Resultados

Pontos: FINA 2020

| Lugar | | | | Tempo final | Pts |
|-------|----------------------------------|------------------------------------|----|----------------|-------|
| 1. | Clube Act. Fisica Bombeiros De 1 | Clube Act. Fisica Bombeiros De | | 1:51.48 | 533 |
| | SANTOS, Joao Pedro 03 | 28.91 PEDROSA, Carlos Lopes | 94 | +0,13 | 25.13 |
| | LOPES, Francisco Oliveira 04 | +0,49 32.32 PAZ, Antonio Manuel | 04 | +0,34 | 25.12 |
| 2. | Clube Naval de Ponta Delgada 1 | Clube Naval de Ponta Delgada | | 2:01.84 | 408 |
| | MELO, Lourenco Filipe 06 | 31.12 SOUSA, Eryk Swalkien | 02 | +0,41 | 29.42 |
| | BRAZ, Romao Noronha 04 | +0,41 32.80 SOARES, Daniel Pacheco | 04 | +0,18 | 28.50 |
| 3. | CDE Agua de Pau 1 | CDE Agua de Pau | | 2:09.76 | 338 |
| | FAIAL, Diogo Lima 02 | 33.60 MEDEIROS, Tomas Araujo | 06 | | 33.03 |
| | VALENTE, Nicolau Augusto 01 | 35.62 BUNKOVSIS, Rihards | 05 | | 27.51 |
| EXH | Naval Praia da Vitoria 1 | Naval Praia da Vitoria | | 1:45.56 | 628 |
| | SILVA, Gustavo Carvalho 04 | 26.54 COSTA, Joao Peres | 04 | | 25.54 |
| | LOPES, Luis Afonso 03 | 29.81 SILVA, Ricardo Lopes | 03 | | 23.67 |

Prova 21

Femin., 400m Estilos

Absolutos

10/04/2021 - 15:30

Resultados

Infantis A Fem Inf A: 7:10.00 / Infantis B Fem Inf B: 7:37.00 / Juvenis A Fem Juv A: 6:47.00 / Juvenis B Fem Juv B: 6:57.00 / Juniores Fem Jun: 6:30.00 / Seniores Fem Sen: 6:14.00

Pontos: FINA 2020

| Lugar | Ano | | | Tempo final | Pts |
|-------|--------------------------|---------------|--------------------------------|----------------|-------|
| 1. | NETO, Maria Ines | 09 | Clube Act. Fisica Bombeiros De | 6:17.81 | 321 |
| | 50m: 39.47 39.47 | 150m: 2:16.89 | 49.07 250m: 3:59.76 55.70 | 350m: 5:36.63 | 42.48 |
| | 100m: 1:27.82 48.35 | 200m: 3:04.06 | 47.17 300m: 4:54.15 54.39 | 400m: 6:17.81 | 41.18 |
| 2. | SOUSA, Clara Tonel | 09 | Naval Praia da Vitoria | 6:58.83 | 236 |
| | 50m: 46.73 46.73 | 150m: 2:39.56 | 53.50 250m: 4:25.34 56.51 | 350m: 6:12.92 | 48.98 |
| | 100m: 1:46.06 59.33 | 200m: 3:28.83 | 49.27 300m: 5:23.94 58.60 | 400m: 6:58.83 | 45.91 |
| 3. | FERREIRA, Ines Goncalves | 09 | Núcleo Sporting | 7:04.16 | 227 |
| | 50m: 45.24 45.24 | 150m: 2:37.57 | 52.93 250m: 4:33.98 1:01.84 | 350m: 6:19.72 | 44.68 |
| | 100m: 1:44.64 59.40 | 200m: 3:32.14 | 54.57 300m: 5:35.04 1:01.06 | 400m: 7:04.16 | 44.44 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 21, Femin., 400m Estilos, Infantis B

| Lugar | | | Ano | | | | | Tempo final | Pts |
|-------|----------------------|-----------------|-------|--------------------------------|-------|-------|-----------------|----------------|---------------|
| 4. | CABRAL, Laura Vieira | | 09 | Clube Act. Fisica Bombeiros De | | | | 7:10.27 | 217 |
| | 50m: | 48.25 48.25 | 150m: | 2:40.40 | 53.59 | 250m: | 4:37.50 1:04.23 | 350m: | 6:24.94 45.87 |
| | 100m: | 1:46.81 58.56 | 200m: | 3:33.27 | 52.87 | 300m: | 5:39.07 1:01.57 | 400m: | 7:10.27 45.33 |
| 5. | CUNHA, Beatriz Rosa | | 09 | CDE Agua de Pau | | | | 7:22.29 | 200 |
| | 50m: | 49.06 49.06 | 150m: | 2:46.39 | 53.53 | 250m: | 4:42.13 1:01.50 | 350m: | 6:32.98 49.99 |
| | 100m: | 1:52.86 1:03.80 | 200m: | 3:40.63 | 54.24 | 300m: | 5:42.99 1:00.86 | 400m: | 7:22.29 49.31 |

Infantis A

| | | | | | | | | | |
|----|---------------------------|---------------|-------|--------------------------------|-------|-------|-----------------|----------------|---------------|
| 1. | SOUSA, Margarida Carreiro | | 08 | CDE Agua de Pau | | | | 6:52.65 | 247 |
| | 50m: | 44.51 44.51 | 150m: | 2:31.67 | 53.13 | 250m: | 4:21.31 57.51 | 350m: | 6:08.51 47.26 |
| | 100m: | 1:38.54 54.03 | 200m: | 3:23.80 | 52.13 | 300m: | 5:21.25 59.94 | 400m: | 6:52.65 44.14 |
| 2. | TIAGO, Andreia Borges | | 08 | Clube Act. Fisica Bombeiros De | | | | 6:56.07 | 241 |
| | 50m: | 45.45 45.45 | 150m: | 2:36.47 | 52.28 | 250m: | 4:29.90 1:01.26 | 350m: | 6:12.13 42.27 |
| | 100m: | 1:44.19 58.74 | 200m: | 3:28.64 | 52.17 | 300m: | 5:29.86 59.96 | 400m: | 6:56.07 43.94 |
| 3. | BOTELHO, Maria Correia | | 08 | Clube Act. Fisica Bombeiros De | | | | 6:58.32 | 237 |
| | 50m: | 46.68 46.68 | 150m: | 2:36.41 | 50.82 | 250m: | 4:26.93 58.87 | 350m: | 6:13.17 43.45 |
| | 100m: | 1:45.59 58.91 | 200m: | 3:28.06 | 51.65 | 300m: | 5:29.72 1:02.79 | 400m: | 6:58.32 45.15 |

Juvenis B

| | | | | | | | | | |
|----|-----------------------|---------------|-------|------------------------------|-------|-------|-----------------|----------------|---------------|
| 1. | SOUSA, Matilde Filipe | | 07 | Núcleo Sporting | | | | 5:30.20 | 482 |
| | 50m: | 36.30 36.30 | 150m: | 1:57.63 | 40.77 | 250m: | 3:25.76 47.33 | 350m: | 4:52.54 39.24 |
| | 100m: | 1:16.86 40.56 | 200m: | 2:38.43 | 40.80 | 300m: | 4:13.30 47.54 | 400m: | 5:30.20 37.66 |
| 2. | AFONSO, Leonor Lima | | 07 | Núcleo Sporting | | | | 6:10.79 | 340 |
| | 50m: | 40.51 40.51 | 150m: | 2:19.71 | 47.80 | 250m: | 3:53.75 47.90 | 350m: | 5:29.29 43.69 |
| | 100m: | 1:31.91 51.40 | 200m: | 3:05.85 | 46.14 | 300m: | 4:45.60 51.85 | 400m: | 6:10.79 41.50 |
| 3. | RESENDES, Ana Maria | | 07 | Clube Naval de Ponta Delgada | | | | 6:56.34 | 240 |
| | 50m: | 45.82 45.82 | 150m: | 2:30.97 | 49.44 | 250m: | 4:22.74 1:00.98 | 350m: | 6:11.36 46.76 |
| | 100m: | 1:41.53 55.71 | 200m: | 3:21.76 | 50.79 | 300m: | 5:24.60 1:01.86 | 400m: | 6:56.34 44.98 |

Juvenis A

| | | | | | | | | | |
|----|--------------------------|---------------|-------|------------------------------|-------|-------|---------------|----------------|---------------|
| 1. | SILVA, Julia Atamas | | 06 | Clube Naval de Ponta Delgada | | | | 5:51.11 | 401 |
| | 50m: | 36.97 36.97 | 150m: | 2:06.87 | 44.51 | 250m: | 3:38.41 49.23 | 350m: | 5:11.95 43.29 |
| | 100m: | 1:22.36 45.39 | 200m: | 2:49.18 | 42.31 | 300m: | 4:28.66 50.25 | 400m: | 5:51.11 39.16 |
| 2. | COUTO, Matilde Rodrigues | | 06 | CDE Agua de Pau | | | | 6:33.03 | 285 |
| | 50m: | 45.85 45.85 | 150m: | 2:27.88 | 49.28 | 250m: | 4:11.54 53.58 | 350m: | 5:49.26 43.75 |
| | 100m: | 1:38.60 52.75 | 200m: | 3:17.96 | 50.08 | 300m: | 5:05.51 53.97 | 400m: | 6:33.03 43.77 |

Juniores

| | | | | | | | | | |
|----|-------------------------|---------------|-------|--------------------------------|-------|-------|---------------|----------------|---------------|
| 1. | SILVEIRA, Sofia Pereira | | 05 | Clube Act. Fisica Bombeiros De | | | | 5:43.79 | 427 |
| | 50m: | 36.91 36.91 | 150m: | 2:07.25 | 44.76 | 250m: | 3:37.48 46.06 | 350m: | 5:04.42 39.76 |
| | 100m: | 1:22.49 45.58 | 200m: | 2:51.42 | 44.17 | 300m: | 4:24.66 47.18 | 400m: | 5:43.79 39.37 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 23 Femin., 50m Bruços 14 anos e mais velhos
10/04/2021 - 15:45 Resultados

Juvenis A Fem Juv A: 42.50 / Juvenis B Fem Juv B: 42.50 / Juniores Fem Jun: 42.50

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts |
|------------------|-----|---------------------------|--------------|-----|
| Juvenis B | | | | |
| 1. | 07 | SOUSA, Inês Tonel | 37.06 | 457 |
| 2. | 07 | MELO, Benedita Cardoso | 42.94 | 294 |
| Juvenis A | | | | |
| 1. | 06 | CABRAL, Nuria Costa | 37.07 | 457 |
| Juniores | | | | |
| 1. | 04 | COUTO, Ines Ferreira | 39.10 | 389 |
| Seniores | | | | |
| 1. | 91 | RAPOSO, Carolina Ferreira | 36.88 | 464 |

Prova 25 Femin., 100m Livres Absolutos
10/04/2021 - 15:50 Resultados

Infantis A Fem Inf A: 1:18.00 / Infantis B Fem Inf B: 1:22.50 / Juvenis A Fem Juv A: 1:14.00 / Juvenis B Fem Juv B: 1:16.00 /
Juniores Fem Jun: 1:12.50 / Seniores Fem Sen: 1:10.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|-------------------|-----|-------------------------|----------------|-----|-------|-------|
| Infantis B | | | | | | |
| 1. | 09 | CARDOSO, Raquel Campos | 1:10.57 | 361 | 33.89 | 36.68 |
| 2. | 09 | VIEIRA, Maria Brum | 1:18.25 | 264 | 36.92 | 41.33 |
| Infantis A | | | | | | |
| 1. | 08 | MENDES, Mariana Avila | 1:11.12 | 352 | 34.34 | 36.78 |
| 2. | 08 | FONTES, Maria Ines | 1:12.53 | 332 | 34.08 | 38.45 |
| 3. | 08 | RODRIGUES, Maria Rita | 1:12.85 | 328 | 34.87 | 37.98 |
| 4. | 08 | REBELO, Frederica Brito | 1:13.03 | 325 | 34.66 | 38.37 |
| Juvenis B | | | | | | |
| 1. | 07 | COELHO, Lara Raquel | 1:06.85 | 424 | 32.30 | 34.55 |
| 2. | 07 | MELO, Catarina Baptista | 1:06.99 | 422 | 32.34 | 34.65 |
| 3. | 07 | ROCHA, Bruna Fantasia | 1:09.45 | 378 | 33.22 | 36.23 |
| 4. | 07 | LOPES, Ana Rita | 1:11.47 | 347 | 34.38 | 37.09 |
| Juvenis A | | | | | | |
| 1. | 06 | Brites, Marta Lopes | 59.39 | 605 | 28.10 | 31.29 |
| 2. | 06 | NEVES, Diana Patricia | 1:03.51 | 495 | 30.73 | 32.78 |
| 3. | 06 | ALMEIDA, Isabel Pires | 1:04.02 | 483 | 30.53 | 33.49 |
| 4. | 06 | GOMES, Maria Isabel | 1:06.47 | 432 | 31.40 | 35.07 |
| 5. | 06 | AVILA, Leonor Espinola | 1:09.03 | 385 | 32.46 | 36.57 |
| 6. | 06 | IVENS, Luciana Amorim | 1:09.53 | 377 | 33.16 | 36.37 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 25, Femin., 100m Livres

Juniores

| | | | | | | | |
|----|-------------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | RESENDES, Teresa Fatima | 04 | Bombeiros Ribeira Grande | 1:09.49 | 378 | 33.33 | 36.16 |
| 2. | REIS, Mariana Tavares | 05 | CDE Agua de Pau | 1:10.52 | 361 | 33.93 | 36.59 |

Seniores

| | | | | | | | |
|-----|----------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | FONSECA, Laura Luz | 03 | Clube Act. Fisica Bombeiros De | 1:02.46 | 520 | 29.82 | 32.64 |
| EXH | ARMAS, Maria Ornelas | 98 | Vikings Sports Club | 1:03.06 | 505 | 30.67 | 32.39 |

Prova 27

Femin., 100m Mariposa

Absolutos

10/04/2021 - 15:55

Resultados

Infantis A Fem Inf A: 1:34.00 / Infantis B Fem Inf B: 1:40.00 / Juvenis A Fem Juv A: 1:29.00 / Juvenis B Fem Juv B: 1:31.50 /
Juniores Fem Jun: 1:25.00 / Seniores Fem Sen: 1:22.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|-------|-----|--|-------------|-----|-----|------|
|-------|-----|--|-------------|-----|-----|------|

Infantis A

| | | | | | | | |
|----|--------------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | GONCALVES, Sara Cristina | 08 | Bombeiros Ribeira Grande | 1:28.41 | 235 | 40.79 | 47.62 |
|----|--------------------------|----|--------------------------|----------------|-----|-------|-------|

Juvenis B

| | | | | | | | |
|----|-------------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | MONIZ, Ana Rita | 07 | Núcleo Sporting | 1:12.23 | 432 | 33.52 | 38.71 |
| 2. | PEREIRA, Maria Fagundes | 07 | Naval Praia da Vitoria | 1:17.45 | 350 | 35.59 | 41.86 |

Juvenis A

| | | | | | | | |
|----|----------------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | BARBEITO, Laura Espinola | 06 | Núcleo Sporting | 1:09.58 | 483 | 32.77 | 36.81 |
| 2. | LANDEIRO, Beatriz Lourenco | 06 | Naval Praia da Vitoria | 1:29.15 | 229 | 41.09 | 48.06 |

Juniores

| | | | | | | | |
|----|-------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | RINO, Maria Pedro | 05 | Naval Praia da Vitoria | 1:08.81 | 499 | 32.35 | 36.46 |
| 2. | SILVA, Margarida Borges | 04 | Clube Act. Fisica Bombeiros De | 1:11.31 | 449 | 33.27 | 38.04 |
| 3. | ROCHA, Maria Cleto | 04 | Naval da Horta | 1:17.59 | 348 | 35.12 | 42.47 |
| 4. | PACHECO, Mariana Fatima | 05 | Bombeiros Ribeira Grande | 1:20.03 | 317 | 36.72 | 43.31 |

Seniores

| | | | | | | | |
|----|--------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | SANTOS, Madalena Almeida | 03 | Clube Act. Fisica Bombeiros De | 1:11.54 | 444 | 33.51 | 38.03 |
|----|--------------------------|----|--------------------------------|----------------|-----|-------|-------|

Prova 29

Femin., 4 x 100m Livres

Absolutos

10/04/2021 - 16:10

Resultados

Pontos: FINA 2020

| Lugar | | Tempo final | Pts |
|-------|--|-------------|-----|
|-------|--|-------------|-----|

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 29, Femin., 4 x 100m Livres

Absolutos

| | | | | | | | |
|-------------------------------------|--------------------------------|-------|---------|--------------------------|----------------|-------|---------|
| 1. Núcleo Sporting 1 | Núcleo Sporting | | | | 4:16.29 | 523 | |
| COELHO, Lara Raquel | +0,79 | 31.76 | 1:06.46 | ALMEIDA, Isabel Pires | +0,49 | 30.41 | 1:04.24 |
| SOUSA, Matilde Filipe | +0,55 | 30.67 | 1:04.12 | BARBEITO, Laura Espinola | +0,58 | 29.21 | 1:01.47 |
| 2. Clube Act. Fisica Bombeiros De 1 | Clube Act. Fisica Bombeiros De | | | | 4:20.82 | 496 | |
| SANTOS, Madalena Almeida | 03 | 31.77 | 1:05.85 | SILVEIRA, Sofia Pereira | 05 | 32.06 | 1:08.28 |
| SILVA, Margarida Borges | 04 | 31.00 | 1:05.23 | FONSECA, Laura Luz | 03 | 28.81 | 1:01.46 |
| 3. Clube Naval de Ponta Delgada 1 | Clube Naval de Ponta Delgada | | | | 4:25.67 | 469 | |
| GOMES, Maria Isabel | 06 | 32.14 | 1:06.42 | SANTOS, Sofia Isabel | 04 | 32.65 | 1:08.68 |
| IVENS, Luciana Amorim | 06 | 32.96 | 1:10.23 | BRITES, Marta Lopes | 06 | 33.17 | 1:00.34 |
| 4. Naval da Horta 1 | Naval da Horta | | | | 4:31.64 | 439 | |
| ROCHA, Maria Cleto | 04 | 31.44 | 1:04.39 | FONTES, Maria Ines | 08 | 34.40 | 1:11.35 |
| RODRIGUES, Maria Rita | 08 | 35.18 | 1:14.22 | NEVES, Diana Patricia | 06 | 29.80 | 1:01.68 |
| 5. Naval Praia da Vitoria 1 | Naval Praia da Vitoria | | | | 4:38.14 | 409 | |
| AVILA, Leonor Espinola | +0,81 | 32.50 | 1:07.77 | PEREIRA, Maria Fagundes | +0,42 | 34.51 | 1:14.71 |
| SOUSA, Inês Tonel | +0,56 | 33.62 | 1:12.02 | RINO, Maria Pedro | +0,34 | 30.00 | 1:03.64 |
| 6. Bombeiros Ribeira Grande 2 | Bombeiros Ribeira Grande | | | | 4:47.87 | 369 | |
| RESENDES, Teresa Fatima | 04 | 33.47 | 1:11.03 | PACHECO, Mariana Fatima | 05 | 34.03 | 1:10.92 |
| GONCALVES, Sara Cristina | 08 | 37.13 | 1:17.33 | MELO, Catarina Baptista | 07 | 32.59 | 1:08.59 |
| 7. CDE Agua de Pau 1 | CDE Agua de Pau | | | | 4:49.94 | 361 | |
| SOUSA, Margarida Carreiro | +0,95 | 38.25 | 1:19.00 | COUTO, Matilde Rodrigues | +0,49 | 34.43 | 1:11.64 |
| CABRAL, Nuria Costa | +0,60 | 33.31 | 1:08.51 | REIS, Mariana Tavares | +0,62 | 34.04 | 1:10.79 |
| 8. CDE Agua de Pau 2 | CDE Agua de Pau | | | | 5:12.71 | 288 | |
| VIEIRA, Maria Brum | +0,89 | 36.80 | 1:16.70 | CUNHA, Matilde Rosa | +0,84 | 38.91 | 1:21.70 |
| NARCISO, Leticia Cabral | | 35.42 | 1:14.24 | MACHADO, Natacha Furtado | +0,37 | 37.58 | 1:20.07 |

Prova 22

Masc., 200m Livres

Absolutos

10/04/2021 - 17:20

Resultados

Infantis A Masc Inf A: 2:49.00 / Infantis B Masc Inf B: 3:08.00 / Juvenis A Masc Juv A: 2:26.00 / Juvenis B Masc Juv B: 2:36.00 / Juniores Masc Jun: 2:21.00 / Seniores Masc Sen: 2:19.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|-------------------|------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| Infantis B | | | | | | | | | |
| 1. | DIEZ, Tiago Oliveira | 08 | Naval Praia da Vitoria | 2:44.36 | 220 | 35.81 | 41.04 | 43.62 | 43.89 |
| 2. | PEREIRA, Miguel Lima | 08 | Clube Act. Fisica Bombeiro | 2:46.83 | 211 | 37.06 | 43.15 | 44.09 | 42.53 |
| 3. | PIRES, Luis Maria | 08 | Clube Naval de Ponta Delg | 2:51.84 | 193 | 37.02 | 43.64 | 46.84 | 44.34 |
| 4. | CARVALHO, Joao Pedro | 08 | Naval da Horta | 2:53.24 | 188 | 38.78 | 44.98 | 46.38 | 43.10 |
| 5. | SOUSA, Miguel Carreiro | 08 | CDE Agua de Pau | 2:54.89 | 183 | 37.89 | 43.84 | 46.87 | 46.29 |
| Infantis A | | | | | | | | | |
| 1. | PINA, Pedro Pacheco | 07 | Clube Act. Fisica Bombeiro | 2:23.69 | 330 | 32.17 | 36.71 | 38.05 | 36.76 |
| 2. | MANES, Bernardo Silva | 07 | Clube Act. Fisica Bombeiro | 2:29.53 | 293 | 33.12 | 37.99 | 39.94 | 38.48 |
| 3. | FEIJOCA, Afonso Macedo | 07 | Clube Act. Fisica Bombeiro | 2:34.85 | 264 | 34.57 | 38.76 | 41.30 | 40.22 |
| Juvenis B | | | | | | | | | |
| 1. | MEDEIROS, Tomas Araujo | 06 | CDE Agua de Pau | 2:25.59 | 317 | 32.47 | 37.17 | 39.13 | 36.82 |
| 2. | VICENTE, David Chagas | 06 | Clube Act. Fisica Bombeiro | 2:26.17 | 314 | 32.61 | 36.87 | 38.63 | 38.06 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 22, Masc., 200m Livres

Juvenis A

| | | | | | | | | |
|---------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. ANSELMO, Raul Sousa | 05 | Clube Act. Fisica Bombeiro | 1:57.74 | 601 | 28.18 | 29.72 | 30.25 | 29.59 |
| 2. SOUSA, Afonso Coelho | 05 | Núcleo Sporting | 2:04.12 | 513 | 29.06 | 31.45 | 32.05 | 31.56 |
| 3. LEAL, Antonio Marinho | 05 | Naval da Horta | 2:06.62 | 483 | 28.08 | 31.46 | 32.86 | 34.22 |
| 4. MACHADO, Diogo Piment | 05 | Clube Act. Fisica Bombeiro | 2:10.97 | 436 | 29.36 | 32.57 | 34.51 | 34.53 |
| 5. GARCIA, Goncalo Raposo | 05 | Clube Act. Fisica Bombeiro | 2:11.45 | 432 | 29.35 | 33.26 | 35.42 | 33.42 |
| 6. TEIXEIRA, Tomas Borges | 05 | Núcleo Sporting | 2:12.81 | 418 | 30.34 | 33.46 | 35.79 | 33.22 |
| 7. BUNKOVSKIS, Rihards | 05 | CDE Agua de Pau | 2:19.49 | 361 | 30.51 | 34.18 | 36.85 | 37.95 |

Juniore

| | | | | | | | | |
|-----------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. SILVA, Gustavo Carvalho | 04 | Naval Praia da Vitoria | 1:54.46 | 654 | 27.29 | 29.58 | 28.80 | 28.79 |
| 2. PAZ, Antonio Manuel | 04 | Clube Act. Fisica Bombeiro | 1:58.94 | 583 | 27.48 | 30.08 | 30.46 | 30.92 |
| 3. MENDES, Tomas Marque | 04 | Núcleo Sporting | 2:10.84 | 438 | 30.14 | 32.85 | 33.37 | 34.48 |
| 4. ALMEIDA, Antonio Botelho | 04 | CDE Agua de Pau | 2:19.78 | 359 | 31.85 | 35.02 | 36.39 | 36.52 |
| 5. SOARES, Daniel Pacheco | 04 | Clube Naval de Ponta Delg | 2:26.57 | 311 | 31.90 | 36.96 | 39.64 | 38.07 |

Seniores

| | | | | | | | | |
|---------------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. VIEIRA, Diogo Silveira | 01 | Naval da Horta | 2:10.57 | 440 | 30.48 | 32.90 | 33.80 | 33.39 |
| EXH SILVA, Ricardo Lopes | 03 | Nautico Marinha Grande | 1:54.35 | 656 | 27.56 | 29.67 | 29.12 | 28.00 |

Prova 24

10/04/2021 - 17:30

Masc., 50m Costas

15 anos e mais velhos

Resultados

Juvenis A Masc Juv A: 35.00 / Juvenis B Masc Juv B: 35.00 / Juniores Masc Jun: 35.00 / Seniores Masc Sen: 33.50

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts |
|-----------------------------|-----|--------------------------------|--------------|-----|
| Juniore | | | | |
| 1. SANTOS, Joao Pedro | 03 | Clube Act. Fisica Bombeiros De | 29.30 | 436 |
| Seniores | | | | |
| 1. FAIAL, Diogo Lima | 02 | CDE Agua de Pau | 32.12 | 331 |
| 2. SANTIMANO, Afonso Martim | 01 | Naval da Horta | 32.26 | 326 |
| 3. PONTE, Andre Carreiro | 92 | Clube Naval de Ponta Delgada | 36.21 | 231 |

Prova 26

10/04/2021 - 17:30

Masc., 100m Bruços

Absolutos

Resultados

Infantis A Masc Inf A: 1:36.00 / Infantis B Masc Inf B: 1:42.00 / Juvenis A Masc Juv A: 1:26.00 / Juvenis B Masc Juv B: 1:30.00 / Juniores Masc Jun: 1:23.00 / Seniores Masc Sen: 1:20.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|------------------------------|-----|---------------------|----------------|-----|-------|-------|
| Infantis B | | | | | | |
| 1. MELO, Santiago Machado | 08 | Naval da Horta | 1:38.73 | 178 | 47.46 | 51.27 |
| Infantis A | | | | | | |
| 1. ALEXANDRINO, Vasco Garcia | 07 | Naval da Horta | 1:21.02 | 323 | 38.60 | 42.42 |
| 2. TOSTE, Rodrigo Inacio | 07 | Terceira Auto Clube | 1:28.87 | 245 | 42.03 | 46.84 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 26, Masc., 100m Bruços

Juvenis B

| | | | | | | | |
|----|-----------------------------|----|---------------------|----------------|-----|-------|-------|
| 1. | RODRIGUES, Francisco Manuel | 06 | Naval da Horta | 1:17.95 | 363 | 37.52 | 40.43 |
| 2. | CAMARA, Joao Melo | 06 | Terceira Auto Clube | 1:23.17 | 298 | 38.68 | 44.49 |
| 3. | FEIO, Henrique Canha | 06 | Naval da Horta | 1:27.92 | 253 | 41.76 | 46.16 |

Juniores

| | | | | | | | |
|----|---------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | LOPES, Francisco Oliveira | 04 | Clube Act. Fisica Bombeiros De | 1:10.77 | 485 | 33.72 | 37.05 |
| 2. | MATOS, Gil Amaral | 04 | Terceira Auto Clube | 1:12.33 | 454 | 33.75 | 38.58 |
| 3. | BRAZ, Romao Noronha | 04 | Clube Naval de Ponta Delgada | 1:13.91 | 425 | 33.78 | 40.13 |
| 4. | AGUIAR, Vasco Ormonde | 04 | Terceira Auto Clube | 1:13.99 | 424 | 34.32 | 39.67 |
| 5. | FARIA, Hugo Miguel | 03 | Clube Act. Fisica Bombeiros De | 1:14.81 | 410 | 34.72 | 40.09 |
| 6. | RENDEIRO, Miguel Vargas | 03 | Núcleo Sporting | 1:16.12 | 389 | 34.98 | 41.14 |

Seniores

| | | | | | | | |
|-----|---|----|--------------------------------|----------------|-----|-------|---------|
| 1. | OLIVEIRA, Tomas Fraga | 02 | Naval da Horta | 1:18.15 | 360 | 36.12 | 42.03 |
| 2. | LEONARDO, Diogo Peixoto | 02 | Naval da Horta | 1:18.76 | 351 | 37.51 | 41.25 |
| 3. | VALENTE, Nicolau Augusto | 01 | CDE Agua de Pau | 1:19.72 | 339 | 36.64 | 43.08 |
| 4. | CRUZ, Henrique Benevides | 83 | Clube Naval de Ponta Delgada | 1:57.47 | 106 | 54.09 | 1:03.38 |
| DSQ | SOUSA, Eryk Swalkien | 02 | Clube Naval de Ponta Delgada | | | | |
| | <i>403 - Falsa partida - SW 4.4</i> | | | | | | |
| DSQ | PEDROSA, Carlos Lopes | 94 | Clube Act. Fisica Bombeiros De | | | | |
| | <i>701 - Mais de uma pernada de golfinho durante a braçada submarina - SW 7.1</i> | | | | | | |
| EXH | LOPES, Luis Afonso | 03 | Viver Santarem | 1:07.34 | 563 | 31.74 | 35.60 |

Prova 28

Masc., 200m Mariposa

Absolutos

10/04/2021 - 17:40

Resultados

Infantis A Masc Inf A: 3:28.00 / Infantis B Masc Inf B: 3:40.00 / Juvenis A Masc Juv A: 2:58.00 / Juvenis B Masc Juv B: 3:15.00 /

Juniores Masc Jun: 2:50.00 / Seniores Masc Sen: 2:46.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|-------------------|-------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| Infantis B | | | | | | | | | |
| 1. | SANTOS, Rodrigo Canedo | 08 | Clube Act. Fisica Bombeiro | 3:03.18 | 206 | 38.58 | 45.78 | 49.11 | 49.71 |
| Infantis A | | | | | | | | | |
| 1. | SUBICA, Afonso Carreiro | 07 | Clube Act. Fisica Bombeiro | 2:50.28 | 256 | 36.10 | 42.47 | 44.88 | 46.83 |
| 2. | REBELO, Goncalo Moniz | 07 | CDE Agua de Pau | 2:56.16 | 231 | 36.47 | 44.38 | 47.77 | 47.54 |
| 3. | ALVES, Mateus Jose | 07 | Clube Act. Fisica Bombeiro | 3:24.95 | 147 | 39.50 | 51.80 | 57.51 | 56.14 |
| Juvenis B | | | | | | | | | |
| 1. | TOSTE, Martim Candido | 06 | Naval Praia da Vitoria | 2:27.63 | 394 | 32.20 | 36.66 | 38.79 | 39.98 |
| 2. | CASTRO, Augusto Bernar | 06 | Clube Act. Fisica Bombeiro | 2:35.26 | 338 | 33.53 | 41.18 | 39.06 | 41.49 |
| Juvenis A | | | | | | | | | |
| 1. | BENTO, Joao Silva | 05 | CDE Agua de Pau | 2:50.56 | 255 | 35.25 | 43.20 | 47.17 | 44.94 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 28, Masc., 200m Mariposa

Juniores

| | | | | | | | | |
|----------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. COSTA, Joao Peres | 04 | Naval Praia da Vitoria | 2:09.38 | 585 | 29.85 | 33.07 | 33.12 | 33.34 |
| 2. GOMES, Nuno Antonio | 03 | Clube Act. Fisica Bombeiro | 2:19.62 | 465 | 30.23 | 35.11 | 36.61 | 37.67 |
| 3. PACHECO, Francisco Silv | 04 | Núcleo Sporting | 2:24.14 | 423 | 32.06 | 36.20 | 39.13 | 36.75 |
| 4. BORGES, Rafael Braga | 03 | Clube Act. Fisica Bombeiro | 2:27.24 | 397 | 30.62 | 36.32 | 39.41 | 40.89 |
| 5. PEREIRA, Rodrigo Sousa | 03 | Naval da Horta | 2:40.10 | 309 | 35.82 | 42.20 | 41.78 | 40.30 |

Seniores

| | | | | | | | | |
|--------------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. PEREIRA, Jose Manuel | 02 | Naval Praia da Vitoria | 2:22.03 | 442 | 31.93 | 36.14 | 36.82 | 37.14 |
| EXH SARREIRA, Tomas Amor | 05 | Nautico Marinha Grande | 2:11.33 | 559 | 29.82 | 33.59 | 33.77 | 34.15 |

Prova 30

10/04/2021 - 17:55

Masc., 4 x 100m Livres

Absolutos
Resultados

Pontos: FINA 2020

| Lugar | | | | | | Tempo final | Pts | |
|------------------|----------------------------------|-------|--------------------------------|---------|--------------------------|----------------|-------|---------|
| Absolutos | | | | | | | | |
| 1. | Clube Act. Fisica Bombeiros De 1 | | Clube Act. Fisica Bombeiros De | | | 3:38.42 | 588 | |
| | PAZ, Antonio Manuel | 04 | 26.42 | 55.45 | SANTOS, Joao Pedro | 03 | 26.20 | 56.06 |
| | ANSELMO, Raul Sousa | 05 | 26.10 | 54.34 | PEDROSA, Carlos Lopes | 94 | 24.66 | 52.57 |
| 2. | Naval Praia da Vitoria 1 | | Naval Praia da Vitoria | | | 3:45.65 | 533 | |
| | COSTA, Joao Peres | +0,70 | 25.87 | 53.33 | TOSTE, Martim Candido | +0,07 | 28.06 | 59.50 |
| | PEREIRA, Jose Manuel | +0,59 | 29.55 | 1:00.25 | SILVA, Gustavo Carvalho | +0,29 | 25.15 | 52.57 |
| 3. | Núcleo Sporting 1 | | Núcleo Sporting | | | 3:56.37 | 464 | |
| | SOUSA, Afonso Coelho | +0,80 | 27.90 | 57.16 | RENDEIRO, Miguel Vargas | +0,54 | 28.15 | 59.67 |
| | TEIXEIRA, Tomas Borges | +0,64 | 29.53 | 1:01.72 | PACHECO, Francisco Silva | +0,55 | 27.92 | 57.82 |
| 4. | Naval da Horta 1 | | Naval da Horta | | | 3:58.22 | 453 | |
| | LEAL, Antonio Marinho | 05 | 27.88 | 57.63 | OLIVEIRA, Tomas Fraga | 02 | 27.75 | 59.50 |
| | ALEXANDRINO, Vasco Garcia | 07 | 29.79 | 1:02.92 | VIEIRA, Diogo Silveira | 01 | 27.88 | 58.17 |
| 5. | Clube Naval de Ponta Delgada 1 | | Clube Naval de Ponta Delgada | | | 4:01.10 | 437 | |
| | MELO, Lourenco Filipe | 06 | 28.95 | 59.83 | SOARES, Daniel Pacheco | 04 | 29.81 | 1:02.47 |
| | SOUSA, Eryk Swalkien | 02 | 28.36 | 1:00.71 | BRAZ, Romao Noronha | 04 | 27.63 | 58.09 |
| 6. | Terceira Auto Clube 1 | | Terceira Auto Clube | | | 4:02.66 | 429 | |
| | CAMARA, Joao Melo | +0,82 | 31.89 | 1:06.56 | VERISSIMO, Luis Miguel | +0,72 | 28.18 | 1:00.32 |
| | AGUIAR, Vasco Ormonde | +0,34 | 26.58 | 56.38 | MATOS, Gil Amaral | +0,50 | 28.25 | 59.40 |
| 7. | CDE Agua de Pau 1 | | CDE Agua de Pau | | | 4:11.50 | 385 | |
| | BUNKOVSKIS, Rihards | +0,81 | 28.82 | 1:01.37 | ALMEIDA, Antonio Botelho | -0,45 | 30.21 | 1:04.05 |
| | FAIAL, Diogo Lima | +0,07 | 30.20 | 1:03.21 | VALENTE, Nicolau Augusto | +0,31 | 30.06 | 1:02.87 |
| 8. | CDE Agua de Pau 2 | | CDE Agua de Pau | | | 4:49.88 | 251 | |
| | REBELO, Goncalo Moniz | 07 | 32.01 | 1:06.93 | BENTO, Joao Silva | 05 | 36.60 | 1:20.41 |
| | SOUSA, Miguel Carreiro | 08 | 34.75 | 1:14.26 | MEDEIROS, Tomas Araujo | 06 | 32.63 | 1:08.28 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 32

Masc., 400m Livres

Absolutos

11/04/2021 - 9:00

Resultados

Infantis A Masc Inf A: 5:52.00 / Infantis B Masc Inf B: 6:08.00 / Juvenis A Masc Juv A: 5:10.00 / Juvenis B Masc Juv B: 5:30.00 /
Juniores Masc Jun: 4:55.00 / Seniores Masc Sen: 4:50.00

Pontos: FINA 2020

| Lugar | Ano | Tempo final | Pts |
|-------------------------|---------------------|--------------------------------|---------------------|
| Infantis B | | | |
| 1. PEREIRA, Miguel Lima | 08 | Clube Act. Fisica Bombeiros De | 5:56.00 211 |
| 50m: 39.05 39.05 | 150m: 2:09.35 45.70 | 250m: 3:42.32 46.70 | 350m: 5:13.88 45.84 |
| 100m: 1:23.65 44.60 | 200m: 2:55.62 46.27 | 300m: 4:28.04 45.72 | 400m: 5:56.00 42.12 |
| 2. PIRES, Luis Maria | 08 | Clube Naval de Ponta Delgada | 6:05.42 195 |
| 50m: 38.76 38.76 | 150m: 2:10.69 46.93 | 250m: 3:44.40 46.56 | 350m: 5:19.28 47.73 |
| 100m: 1:23.76 45.00 | 200m: 2:57.84 47.15 | 300m: 4:31.55 47.15 | 400m: 6:05.42 46.14 |
| 3. CARVALHO, Joao Pedro | 08 | Naval da Horta | 6:15.16 181 |
| 50m: 41.43 41.43 | 150m: 2:17.29 47.98 | 250m: 3:52.89 47.55 | 350m: 5:28.30 47.34 |
| 100m: 1:29.31 47.88 | 200m: 3:05.34 48.05 | 300m: 4:40.96 48.07 | 400m: 6:15.16 46.86 |

Infantis A

| | | | |
|---------------------------|---------------------|--------------------------------|---------------------|
| 1. MANES, Bernardo Silva | 07 | Clube Act. Fisica Bombeiros De | 5:11.53 316 |
| 50m: 33.13 33.13 | 150m: 1:51.75 40.57 | 250m: 3:13.54 40.88 | 350m: 4:34.07 39.89 |
| 100m: 1:11.18 38.05 | 200m: 2:32.66 40.91 | 300m: 3:54.18 40.64 | 400m: 5:11.53 37.46 |
| 2. ALVES, Mateus Jose | 07 | Clube Act. Fisica Bombeiros De | 5:17.90 297 |
| 50m: 34.80 34.80 | 150m: 1:54.82 41.12 | 250m: 3:16.87 41.39 | 350m: 4:38.87 41.45 |
| 100m: 1:13.70 38.90 | 200m: 2:35.48 40.66 | 300m: 3:57.42 40.55 | 400m: 5:17.90 39.03 |
| 3. FEIJOCA, Afonso Macedo | 07 | Clube Act. Fisica Bombeiros De | 5:29.68 266 |
| 50m: 35.82 35.82 | 150m: 1:56.81 41.45 | 250m: 3:22.22 42.87 | 350m: 4:48.39 42.98 |
| 100m: 1:15.36 39.54 | 200m: 2:39.35 42.54 | 300m: 4:05.41 43.19 | 400m: 5:29.68 41.29 |

Juvenis B

| | | | |
|--------------------------------|---------------------|--------------------------------|---------------------|
| 1. RODRIGUES, Francisco Manuel | 06 | Naval da Horta | 4:41.53 428 |
| 50m: 32.51 32.51 | 150m: 1:41.76 34.83 | 250m: 2:53.50 36.02 | 350m: 4:06.15 36.34 |
| 100m: 1:06.93 34.42 | 200m: 2:17.48 35.72 | 300m: 3:29.81 36.31 | 400m: 4:41.53 35.38 |
| 2. CASTRO, Augusto Bernardo | 06 | Clube Act. Fisica Bombeiros De | 4:46.39 407 |
| 50m: 31.15 31.15 | 150m: 1:42.72 36.38 | 250m: 2:56.38 36.95 | 350m: 4:11.11 37.25 |
| 100m: 1:06.34 35.19 | 200m: 2:19.43 36.71 | 300m: 3:33.86 37.48 | 400m: 4:46.39 35.28 |
| 3. MEDEIROS, Tomas Araujo | 06 | CDE Agua de Pau | 5:06.41 332 |
| 50m: 33.60 33.60 | 150m: 1:50.08 39.09 | 250m: 3:09.22 39.86 | 350m: 4:28.05 39.48 |
| 100m: 1:10.99 37.39 | 200m: 2:29.36 39.28 | 300m: 3:48.57 39.35 | 400m: 5:06.41 38.36 |
| 4. VICENTE, David Chagas | 06 | Clube Act. Fisica Bombeiros De | 5:11.93 315 |
| 50m: 34.38 34.38 | 150m: 1:53.18 40.09 | 250m: 3:14.49 40.68 | 350m: 4:35.18 40.29 |
| 100m: 1:13.09 38.71 | 200m: 2:33.81 40.63 | 300m: 3:54.89 40.40 | 400m: 5:11.93 36.75 |

Juvenis A

| | | | |
|---------------------------|---------------------|--------------------------------|---------------------|
| 1. ANSELMO, Raul Sousa | 05 | Clube Act. Fisica Bombeiros De | 4:14.44 580 |
| 50m: 29.29 29.29 | 150m: 1:32.58 32.03 | 250m: 2:37.78 32.65 | 350m: 3:43.48 32.97 |
| 100m: 1:00.55 31.26 | 200m: 2:05.13 32.55 | 300m: 3:10.51 32.73 | 400m: 4:14.44 30.96 |
| 2. GARCIA, Goncalo Raposo | 05 | Clube Act. Fisica Bombeiros De | 4:40.81 431 |
| 50m: 31.12 31.12 | 150m: 1:41.77 36.12 | 250m: 2:54.43 35.77 | 350m: 4:07.66 36.81 |
| 100m: 1:05.65 34.53 | 200m: 2:18.66 36.89 | 300m: 3:30.85 36.42 | 400m: 4:40.81 33.15 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 32, Masc., 400m Livres

Juniores

| | | | | | |
|-----|-------------------------|---------------|--------------------------------|----------------|---------------|
| 1. | SILVA, Gustavo Carvalho | 04 | Naval Praia da Vitoria | 4:04.80 | 651 |
| | 50m: 28.62 28.62 | 150m: 1:31.16 | 31.27 250m: 2:32.64 | 30.42 | 350m: 3:34.57 |
| | 100m: 59.89 31.27 | 200m: 2:02.22 | 31.06 300m: 3:03.57 | 30.93 | 400m: 4:04.80 |
| 2. | PAZ, Antonio Manuel | 04 | Clube Act. Fisica Bombeiros De | 4:14.40 | 580 |
| | 50m: 29.23 29.23 | 150m: 1:33.49 | 32.44 250m: 2:38.47 | 32.29 | 350m: 3:43.62 |
| | 100m: 1:01.05 31.82 | 200m: 2:06.18 | 32.69 300m: 3:11.11 | 32.64 | 400m: 4:14.40 |
| EXH | SARREIRA, Tomas Amor | 05 | Nautico Marinha Grande | 4:07.23 | 632 |
| | 50m: 28.00 28.00 | 150m: 1:30.15 | 31.53 250m: 2:33.13 | 31.16 | 350m: 3:36.22 |
| | 100m: 58.62 30.62 | 200m: 2:01.97 | 31.82 300m: 3:04.61 | 31.48 | 400m: 4:07.23 |

Prova 34

Masc., 50m Livres

15 anos e mais velhos

11/04/2021 - 9:10

Resultados

Juvenis A Masc Juv A: 28.80 / Juvenis B Masc Juv B: 28.80 / Juniores Masc Jun: 28.80 / Seniores Masc Sen: 27.80

Pontos: FINA 2020

| Lugar | Ano | Tempo final | Pts | | |
|------------------|---------------------------|-------------|--------------------------------|--------------|-----|
| Juvenis A | | | | | |
| 1. | LEAL, Antonio Marinho | 05 | Naval da Horta | 26.69 | 436 |
| 2. | SOUSA, Afonso Coelho | 05 | Núcleo Sporting | 26.71 | 435 |
| Juniores | | | | | |
| 1. | BORGES, Rafael Braga | 03 | Clube Act. Fisica Bombeiros De | 26.59 | 441 |
| 2. | SANTOS, Joao Pedro | 03 | Clube Act. Fisica Bombeiros De | 26.79 | 431 |
| 3. | GOMES, Nuno Antonio | 03 | Clube Act. Fisica Bombeiros De | 27.01 | 420 |
| 4. | FARIA, Hugo Miguel | 03 | Clube Act. Fisica Bombeiros De | 27.22 | 411 |
| 5. | PACHECO, Francisco Silva | 04 | Núcleo Sporting | 27.31 | 407 |
| 6. | RENDEIRO, Miguel Vargas | 03 | Núcleo Sporting | 27.35 | 405 |
| Seniores | | | | | |
| 1. | PEDROSA, Carlos Lopes | 94 | Clube Act. Fisica Bombeiros De | 24.80 | 543 |
| 2. | PONTE, Andre Carreiro | 92 | Clube Naval de Ponta Delgada | 30.89 | 281 |
| 3. | CRUZ, Henrique Benevides | 83 | Clube Naval de Ponta Delgada | 45.00 | 90 |
| EXH | SILVA, Ricardo Lopes | 03 | Nautico Marinha Grande | 24.60 | 556 |
| EXH | NUNES, Guilherme Oliveira | 98 | Leixões Sport Clube | 25.07 | 526 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 36 Masc., 100m Costas Absolutos
11/04/2021 - 9:15 Resultados

Infantis A Masc Inf A: 1:30.00 / Infantis B Masc Inf B: 1:36.00 / Juvenis A Masc Juv A: 1:20.00 / Juvenis B Masc Juv B: 1:24.00 /
Juniiores Masc Jun: 1:17.00 / Seniores Masc Sen: 1:14.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | |
|-------------------|--------------------------|----|--------------------------------|----------------|-----|-------|-------|
| Infantis B | | | | | | | |
| 1. | DIEZ, Tiago Oliveira | 08 | Naval Praia da Vitoria | 1:24.22 | 195 | 40.62 | 43.60 |
| 2. | SOUSA, Miguel Carreiro | 08 | CDE Agua de Pau | 1:25.34 | 187 | 41.28 | 44.06 |
| Infantis A | | | | | | | |
| 1. | PINA, Pedro Pacheco | 07 | Clube Act. Fisica Bombeiros De | 1:13.75 | 291 | 35.65 | 38.10 |
| 2. | NAZARE, Gustavo Costa | 07 | Naval da Horta | 1:18.44 | 241 | 39.24 | 39.20 |
| 3. | TOSTE, Rodrigo Inacio | 07 | Terceira Auto Clube | 1:19.64 | 231 | 39.46 | 40.18 |
| Juvenis B | | | | | | | |
| 1. | CAMARA, Joao Melo | 06 | Terceira Auto Clube | 1:14.63 | 280 | 36.22 | 38.41 |
| Juvenis A | | | | | | | |
| 1. | BUNKOVSKIS, Rihards | 05 | CDE Agua de Pau | 1:09.30 | 350 | 33.22 | 36.08 |
| Juniiores | | | | | | | |
| 1. | AGUIAR, Vasco Ormonde | 04 | Terceira Auto Clube | 1:08.06 | 370 | 32.88 | 35.18 |
| 2. | MENDES, Tomas Marques | 04 | Núcleo Sporting | 1:22.36 | 209 | 39.99 | 42.37 |
| Seniores | | | | | | | |
| 1. | FAIAL, Diogo Lima | 02 | CDE Agua de Pau | 1:08.27 | 367 | 33.52 | 34.75 |
| 2. | SANTIMANO, Afonso Martim | 01 | Naval da Horta | 1:08.69 | 360 | 33.79 | 34.90 |
| 3. | VERISSIMO, Luis Miguel | 98 | Terceira Auto Clube | 1:13.83 | 290 | 35.86 | 37.97 |

Prova 38 Masc., 200m Estilos Absolutos
11/04/2021 - 9:20 Resultados

Infantis A Masc Inf A: 3:19.00 / Infantis B Masc Inf B: 3:32.00 / Juvenis A Masc Juv A: 2:55.00 / Juvenis B Masc Juv B: 3:03.00 /
Juniiores Masc Jun: 2:50.00 / Seniores Masc Sen: 2:43.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m |
|-------------------|----------------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| Infantis B | | | | | | | | |
| 1. | SANTOS, Rodrigo Canedc08 | Clube Act. Fisica Bombeiro | 2:59.08 | 229 | 37.38 | 44.37 | 57.80 | 39.53 |
| 2. | MELO, Santiago Machado08 | Naval da Horta | 3:17.42 | 171 | 45.85 | 49.13 | 57.58 | 44.86 |
| 3. | MEDEIROS, Jorge Mare 08 | Bombeiros Ribeira Grande | 3:23.34 | 156 | 49.51 | 52.50 | 56.32 | 45.01 |
| 4. | BERBEREIA, Raul Sarroei08 | Núcleo Sporting | 3:27.68 | 147 | 50.98 | 52.54 | 55.19 | 48.97 |
| Infantis A | | | | | | | | |
| 1. | ALEXANDRINO, Vasco Ga07a | Naval da Horta | 2:38.55 | 330 | 34.56 | 40.96 | 46.07 | 36.96 |
| 2. | SUBICA, Afonso Carreiro 07 | Clube Act. Fisica Bombeiro | 2:46.49 | 285 | 35.04 | 45.37 | 49.32 | 36.76 |
| 3. | REBELO, Goncalo Moniz 07 | CDE Agua de Pau | 2:50.38 | 266 | 34.68 | 47.11 | 50.50 | 38.09 |
| 4. | PEREIRA, Rodrigo Garcia07 | Naval da Horta | 3:11.42 | 187 | 44.00 | 47.49 | 57.02 | 42.91 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 38, Masc., 200m Estilos

Juvenis B

| | | | | | | | | |
|--------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. TOSTE, Martim Candido | 06 | Naval Praia da Vitoria | 2:24.80 | 433 | 30.04 | 38.52 | 43.22 | 33.02 |
| 2. MELO, Lourenco Filipe | 06 | Clube Naval de Ponta Delg | 2:30.41 | 387 | 32.77 | 36.01 | 47.09 | 34.54 |

Juvenis A

| | | | | | | | | |
|---------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. MACHADO, Diogo Piment | 05 | Clube Act. Fisica Bombeiro | 2:23.49 | 445 | 30.32 | 37.73 | 42.01 | 33.43 |
| 2. TEIXEIRA, Tomas Borges | 05 | Núcleo Sporting | 2:34.70 | 355 | 32.40 | 39.99 | 45.74 | 36.57 |
| 3. BENTO, Joao Silva | 05 | CDE Agua de Pau | 2:56.84 | 238 | 36.08 | 46.16 | 54.21 | 40.39 |

Juniores

| | | | | | | | | |
|------------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. COSTA, Joao Peres | 04 | Naval Praia da Vitoria | 2:10.10 | 598 | 29.02 | 33.40 | 38.25 | 29.43 |
| 2. LOPES, Francisco Oliveira | 04 | Clube Act. Fisica Bombeiro | 2:18.97 | 490 | 30.86 | 37.19 | 38.63 | 32.29 |
| 3. BRAZ, Romao Noronha | 04 | Clube Naval de Ponta Delg | 2:23.12 | 449 | 31.16 | 37.21 | 41.05 | 33.70 |
| 4. MATOS, Gil Amaral | 04 | Terceira Auto Clube | 2:26.91 | 415 | 31.32 | 38.58 | 42.95 | 34.06 |
| 5. PEREIRA, Rodrigo Sousa | 03 | Naval da Horta | 2:39.68 | 323 | 32.77 | 41.44 | 50.29 | 35.18 |
| 6. ALMEIDA, Antonio Botelho | 04 | CDE Agua de Pau | 2:42.83 | 305 | 36.70 | 42.22 | 46.39 | 37.52 |

Seniores

| | | | | | | | | |
|---------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. VIEIRA, Diogo Silveira | 01 | Naval da Horta | 2:28.55 | 401 | 32.02 | 39.78 | 44.04 | 32.71 |
| 2. PEREIRA, Jose Manuel | 02 | Naval Praia da Vitoria | 2:29.27 | 396 | 29.95 | 40.73 | 43.38 | 35.21 |
| 3. SOUSA, Eryk Swalkien | 02 | Clube Naval de Ponta Delg | 2:29.73 | 392 | 32.34 | 38.02 | 44.64 | 34.73 |
| 4. OLIVEIRA, Tomas Fraga | 02 | Naval da Horta | 2:31.83 | 376 | 31.75 | 39.57 | 44.55 | 35.96 |
| 5. COSTA, Rafael Resendes | 01 | CDE Agua de Pau | 2:53.43 | 252 | 34.50 | 44.29 | 52.27 | 42.37 |

Prova 40

11/04/2021 - 9:45

Masc., 4 x 50m Livres

15 anos e mais velhos
Resultados

Pontos: FINA 2020

| Lugar | | | | Tempo final | Pts |
|-------|----------------------------------|--------------------------------|-----------------------------|----------------|-------|
| 1. | Clube Act. Fisica Bombeiros De 1 | Clube Act. Fisica Bombeiros De | | 1:45.35 | 468 |
| | BORGES, Rafael Braga 03 | 26.40 | MACHADO, Diogo Pimentel 05 | | 27.15 |
| | FARIA, Hugo Miguel 03 | 26.21 | SANTOS, Joao Pedro 03 | | 25.59 |
| 2. | CDE Agua de Pau 1 | CDE Agua de Pau | | 1:52.12 | 388 |
| | BUNKOVSKIS, Rihards 05 | 27.72 | ALMEIDA, Antonio Botelho 04 | | 29.38 |
| | FAIAL, Diogo Lima 02 | 27.73 | VALENTE, Nicolau Augusto 01 | | 27.29 |

DSQ Clube Naval de Ponta Delgada 1 Clube Naval de Ponta Delgada
111 - *Rendição antecipada do 2 nadador - SW 10.11*
BRAZ, Romao Noronha, SOUSA, Eryk Swalkien, MELO, Lourenco Filipe, SOARES, Daniel Pacheco

Prova 42

11/04/2021 - 9:45

Masc., 4 x 200m Livres

Absolutos
Resultados

Pontos: FINA 2020

| Lugar | | | | Tempo final | Pts |
|-------|--|--|--|-------------|-----|
|-------|--|--|--|-------------|-----|

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 42, Masc., 4 x 200m Livres

| | | | |
|-------------------------------------|----------------------------------|-----------------|-----|
| 1. Clube Act. Fisica Bombeiros De 1 | Clube Act. Fisica Bombeiros De | 8:10.78 | 569 |
| ANSELMO, Raul Sousa | 05 28.50 30.34 30.89 30.52 | 2:00.25 | |
| PEDROSA, Carlos Lopes | 94 25.88 29.68 31.42 32.41 | 1:59.39 | |
| GOMES, Nuno Antonio | 03 27.91 31.64 32.81 32.93 | 2:05.29 | |
| PAZ, Antonio Manuel | 04 27.69 31.83 33.12 33.21 | 2:05.85 | |
| 2. Naval Praia da Vitoria 1 | Naval Praia da Vitoria | 8:24.51 | 524 |
| COSTA, Joao Peres | 04 +0,72 28.12 30.20 30.01 30.19 | 1:58.52 | |
| PEREIRA, Jose Manuel | 02 +0,65 31.01 34.80 35.78 34.61 | 2:16.20 | |
| TOSTE, Martim Candido | 06 +0,48 30.73 33.31 34.97 34.74 | 2:13.75 | |
| SILVA, Gustavo Carvalho | 04 +0,47 26.46 29.44 30.03 30.11 | 1:56.04 | |
| 3. Núcleo Sporting 1 | Núcleo Sporting | 8:46.73 | 460 |
| PACHECO, Francisco Silva | 04 29.10 31.94 33.78 33.39 | 2:08.21 | |
| MENDES, Tomas Marques | 04 20.54 43.06 34.82 35.63 | 2:14.05 | |
| TEIXEIRA, Tomas Borges | 05 30.56 34.25 35.03 36.50 | 2:16.34 | |
| SOUSA, Afonso Coelho | 05 28.47 32.68 33.69 33.29 | 2:08.13 | |
| 4. Terceira Auto Clube 1 | Terceira Auto Clube | 9:25.33 | 372 |
| VERISSIMO, Luis Miguel | 98 +0,83 32.18 38.07 40.50 39.96 | 2:30.71 | |
| AGUIAR, Vasco Ormonde | 04 +0,43 29.35 33.42 35.21 35.91 | 2:13.89 | |
| CAMARA, Joao Melo | 06 +0,47 33.98 37.91 39.41 38.24 | 2:29.54 | |
| MATOS, Gil Amaral | 04 +0,64 29.91 33.58 34.48 33.22 | 2:11.19 | |
| 5. CDE Agua de Pau 1 | CDE Agua de Pau | 10:45.93 | 249 |
| SOUSA, Miguel Carreiro | 08 +0,99 37.21 43.53 47.15 43.80 | 2:51.69 | |
| BENTO, Joao Silva | 05 +0,43 35.21 41.81 44.80 42.82 | 2:44.64 | |
| REBELO, Goncalo Moniz | 07 +0,60 32.91 39.51 42.36 39.92 | 2:34.70 | |
| MEDEIROS, Tomas Araujo | 06 +0,87 35.42 40.17 40.36 38.95 | 2:34.90 | |

Prova 31
11/04/2021 - 11:15

Femin., 800m Livres

Absolutos
Resultados

Infantis A Fem Inf A: 12:48.00 / Infantis B Fem Inf B: 14:08.00 / Juvenis A Fem Juv A: 11:46.00 / Juvenis B Fem Juv B: 12:00.00 /
Juniiores Fem Jun: 11:30.00 / Seniores Fem Sen: 11:05.00

Pontos: FINA 2020

| Lugar | Ano | Tempo final | Pts |
|------------------------------|-----------------------------------|-----------------------|------------------------|
| Infantis B | | | |
| 1. CABRAL, Laura Vieira | 09 Clube Act. Fisica Bombeiros De | 12:32.56 | 258 |
| 100m: 1:26.26 1:26.26 | 300m: 4:37.16 1:36.11 | 500m: 7:51.13 1:37.79 | 700m: 11:01.60 1:33.97 |
| 200m: 3:01.05 1:34.79 | 400m: 6:13.34 1:36.18 | 600m: 9:27.63 1:36.50 | 800m: 12:32.56 1:30.96 |
| 2. FERREIRA, Ines Goncalves | 09 Núcleo Sporting | 12:32.79 | 258 |
| 100m: 1:27.77 1:27.77 | 300m: 4:37.69 1:33.88 | 500m: 7:49.96 1:35.91 | 700m: 11:03.11 1:35.34 |
| 200m: 3:03.81 1:36.04 | 400m: 6:14.05 1:36.36 | 600m: 9:27.77 1:37.81 | 800m: 12:32.79 1:29.68 |
| 3. VIEIRA, Maria Brum | 09 CDE Agua de Pau | 12:33.10 | 257 |
| 100m: 1:25.45 1:25.45 | 300m: 4:37.90 1:36.11 | 500m: 7:53.48 1:39.39 | 700m: 11:03.11 1:34.29 |
| 200m: 3:01.79 1:36.34 | 400m: 6:14.09 1:36.19 | 600m: 9:28.82 1:35.34 | 800m: 12:33.10 1:29.99 |
| Infantis A | | | |
| 1. FONTES, Maria Ines | 08 Naval da Horta | 11:44.71 | 314 |
| 100m: 1:21.44 1:21.44 | 300m: 4:21.34 1:29.71 | 500m: 7:20.23 1:30.73 | 700m: 10:22.91 1:31.93 |
| 200m: 2:51.63 1:30.19 | 400m: 5:49.50 1:28.16 | 600m: 8:50.98 1:30.75 | 800m: 11:44.71 1:21.80 |
| 2. SOUSA, Margarida Carreiro | 08 CDE Agua de Pau | 12:15.49 | 276 |
| 100m: 1:25.34 1:25.34 | 300m: 4:31.00 1:32.31 | 500m: 7:39.11 1:34.16 | 700m: 10:49.24 1:35.63 |
| 200m: 2:58.69 1:33.35 | 400m: 6:04.95 1:33.95 | 600m: 9:13.61 1:34.50 | 800m: 12:15.49 1:26.25 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 31, Femin., 800m Livres, Infantis A

| Lugar | Ano | Tempo final | Pts |
|----------------------------|-----------------------------------|-----------------------|------------------------|
| 3. VIEIRA, Maria Margarida | 08 Naval da Horta | 12:16.27 | 275 |
| 100m: 1:25.55 1:25.55 | 300m: 4:29.18 1:31.09 | 500m: 7:36.28 1:34.29 | 700m: 10:45.97 1:34.87 |
| 200m: 2:58.09 1:32.54 | 400m: 6:01.99 1:32.81 | 600m: 9:11.10 1:34.82 | 800m: 12:16.27 1:30.30 |
| 4. BOTELHO, Maria Correia | 08 Clube Act. Fisica Bombeiros De | 12:27.54 | 263 |
| 100m: 1:24.07 1:24.07 | 300m: 4:32.29 1:34.35 | 500m: 7:45.19 1:37.33 | 700m: 10:55.86 1:35.00 |
| 200m: 2:57.94 1:33.87 | 400m: 6:07.86 1:35.57 | 600m: 9:20.86 1:35.67 | 800m: 12:27.54 1:31.68 |
| 5. REBELO, Frederica Brito | 08 Clube Naval de Ponta Delgada | 12:40.74 | 250 |
| 100m: 1:26.09 1:26.09 | 300m: 4:36.12 1:35.57 | 500m: 7:49.43 1:37.11 | 700m: 11:02.77 1:36.70 |
| 200m: 3:00.55 1:34.46 | 400m: 6:12.32 1:36.20 | 600m: 9:26.07 1:36.64 | 800m: 12:40.74 1:37.97 |
| 6. TIAGO, Andreia Borges | 08 Clube Act. Fisica Bombeiros De | 12:42.25 | 248 |
| 100m: 1:26.09 1:26.09 | 300m: 4:37.51 1:35.27 | 500m: 7:54.04 1:39.05 | 700m: 11:03.35 1:33.98 |
| 200m: 3:02.24 1:36.15 | 400m: 6:14.99 1:37.48 | 600m: 9:29.37 1:35.33 | 800m: 12:42.25 1:38.90 |

Juvenis B

| | | | |
|--------------------------|-----------------------|-----------------------|------------------------|
| 1. ROCHA, Bruna Fantasia | 07 Núcleo Sporting | 11:17.76 | 353 |
| 100m: 1:15.88 1:15.88 | 300m: 4:03.24 1:24.95 | 500m: 6:56.38 1:27.06 | 700m: 9:51.87 1:27.61 |
| 200m: 2:38.29 1:22.41 | 400m: 5:29.32 1:26.08 | 600m: 8:24.26 1:27.88 | 800m: 11:17.76 1:25.89 |
| 2. COELHO, Lara Raquel | 07 Núcleo Sporting | 11:22.90 | 345 |
| 100m: 1:16.45 1:16.45 | 300m: 4:08.55 1:27.11 | 500m: 7:05.11 1:27.68 | 700m: 9:59.90 1:27.11 |
| 200m: 2:41.44 1:24.99 | 400m: 5:37.43 1:28.88 | 600m: 8:32.79 1:27.68 | 800m: 11:22.90 1:23.00 |

Juniores

| | | | |
|-------------------------|---------------------------------|-----------------------|------------------------|
| 1. RINO, Maria Pedro | 05 Naval Praia da Vitoria | 9:49.68 | 537 |
| 100m: 1:11.47 1:11.47 | 300m: 3:37.84 1:13.34 | 500m: 6:06.57 1:14.37 | 700m: 8:36.05 1:14.58 |
| 200m: 2:24.50 1:13.03 | 400m: 4:52.20 1:14.36 | 600m: 7:21.47 1:14.90 | 800m: 9:49.68 1:13.63 |
| 2. SANTOS, Sofia Isabel | 04 Clube Naval de Ponta Delgada | 11:32.63 | 331 |
| 100m: 1:17.23 1:17.23 | 300m: 4:13.74 1:28.91 | 500m: 7:12.75 1:30.36 | 700m: 10:07.24 1:26.96 |
| 200m: 2:44.83 1:27.60 | 400m: 5:42.39 1:28.65 | 600m: 8:40.28 1:27.53 | 800m: 11:32.63 1:25.39 |

Prova 33
11/04/2021 - 11:40

Femin., 50m Mariposa

14 anos e mais velhos
Resultados

Juvenis A Fem Juv A: 37.50 / Juvenis B Fem Juv B: 37.50 / Juniores Fem Jun: 37.50 / Seniores Fem Sen: 36.00

Pontos: FINA 2020

| Lugar | Ano | Tempo final | Pts |
|----------------------------|-----------------------------------|--------------|-----|
| Juvenis B | | | |
| 1. MONIZ, Ana Rita | 07 Núcleo Sporting | 31.97 | 443 |
| 2. PEREIRA, Maria Fagundes | 07 Naval Praia da Vitoria | 34.41 | 355 |
| Juvenis A | | | |
| 1. NEVES, Diana Patricia | 06 Naval da Horta | 32.50 | 422 |
| 2. ALMEIDA, Isabel Pires | 06 Núcleo Sporting | 33.03 | 402 |
| Juniores | | | |
| 1. SILVA, Margarida Borges | 04 Clube Act. Fisica Bombeiros De | 31.36 | 469 |
| 2. PACHECO, Mariana Fatima | 05 Bombeiros Ribeira Grande | 35.51 | 323 |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 33, Femin., 50m Mariposa

Seniores

1. FONSECA, Laura Luz 03 Clube Act. Fisica Bombeiros De **31.70** 454

Prova 35

11/04/2021 - 11:45

Femin., 200m Bruços

Absolutos
Resultados

Infantis A Fem Inf A: 3:37.00 / Infantis B Fem Inf B: 3:47.00 / Juvenis B Fem Juv B: 3:32.00 / Juvenis A Fem Juv A: 3:27.00 /
Juniore Fem Jun: 3:22.00 / Seniores Fem Sen: 3:19.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|-------------------|-----|-------------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| Infantis B | | | | | | | | | |
| 1. | 09 | NETO, Maria Ines | Clube Act. Fisica Bombeiro | 3:26.36 | 277 | 47.76 | 52.61 | 54.25 | 51.74 |
| 2. | 09 | SOUSA, Clara Tonel | Naval Praia da Vitoria | 3:37.86 | 235 | 50.69 | 56.07 | 58.41 | 52.69 |
| Infantis A | | | | | | | | | |
| 1. | 08 | RODRIGUES, Maria Rita | Naval da Horta | 3:14.07 | 333 | 45.11 | 49.80 | 50.67 | 48.49 |
| 2. | 08 | GONCALVES, Sara Cristir | Bombeiros Ribeira Grande | 3:21.64 | 297 | 43.35 | 50.00 | 54.62 | 53.67 |
| 3. | 08 | SILVA, Mariana Medeiros | Naval da Horta | 3:24.63 | 284 | 48.16 | 52.15 | 54.55 | 49.77 |
| 4. | 08 | LEONARDO, Beatriz Peixo | Naval da Horta | 3:29.60 | 264 | 49.12 | 53.25 | 53.80 | 53.43 |
| 5. | 08 | CUNHA, Matilde Rosa | CDE Agua de Pau | 3:40.96 | 225 | 48.51 | 56.30 | 58.19 | 57.96 |
| Juvenis B | | | | | | | | | |
| 1. | 07 | SOUSA, Inês Tonel | Naval Praia da Vitoria | 3:00.20 | 416 | 39.21 | 46.03 | 48.30 | 46.66 |
| 2. | 07 | AFONSO, Leonor Lima | Núcleo Sporting | 3:12.66 | 340 | 44.00 | 48.71 | 50.59 | 49.36 |
| 3. | 07 | MELO, Benedita Cardoso | Naval Praia da Vitoria | 3:17.76 | 315 | 44.16 | 50.05 | 52.04 | 51.51 |
| Juvenis A | | | | | | | | | |
| 1. | 06 | CABRAL, Nuria Costa | CDE Agua de Pau | 3:04.23 | 389 | 40.88 | 48.01 | 48.18 | 47.16 |
| 2. | 06 | SILVA, Julia Atamas | Clube Naval de Ponta Delg | 3:11.04 | 349 | 43.09 | 48.48 | 50.13 | 49.34 |
| 3. | 06 | COUTO, Matilde Rodrigue | CDE Agua de Pau | 3:20.76 | 301 | 46.52 | 50.76 | 52.06 | 51.42 |
| Juniore | | | | | | | | | |
| 1. | 05 | SILVEIRA, Sofia Pereira | Clube Act. Fisica Bombeiro | 2:58.97 | 425 | 40.10 | 45.20 | 46.47 | 47.20 |
| 2. | 04 | COUTO, Ines Ferreira | Clube Act. Fisica Bombeiro | 3:05.59 | 381 | 42.53 | 45.95 | 48.14 | 48.97 |
| 3. | 04 | FINS, Ines Torres | Núcleo Sporting | 3:09.70 | 356 | 41.79 | 46.71 | 50.31 | 50.89 |

Prova 37

11/04/2021 - 11:55

Femin., 200m Costas

Absolutos
Resultados

Infantis A Fem Inf A: 3:23.00 / Infantis B Fem Inf B: 3:38.00 / Juvenis A Fem Juv A: 3:08.00 / Juvenis B Fem Juv B: 3:15.50 /
Juniore Fem Jun: 3:00.00 / Seniores Fem Sen: 2:53.00

Pontos: FINA 2020

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|---|-----|----------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| Infantis B | | | | | | | | | |
| 1. | 09 | CARDOSO, Raquel Camp | Clube Act. Fisica Bombeiro | 3:00.63 | 287 | 41.13 | 45.74 | 47.37 | 46.39 |
| DSQ | 09 | CUNHA, Beatriz Rosa | CDE Agua de Pau | | | | | | |
| 608 - Não chegou na posição dorsal - SW 6.5 | | | | | | | | | |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 37, Femin., 200m Costas

Infantis A

| | | | | | | | | |
|--------------------------|----|-----------------|----------------|-----|-------|-------|-------|-------|
| 1. MENDES, Mariana Avila | 08 | Núcleo Sporting | 2:54.70 | 317 | 40.51 | 44.19 | 45.26 | 44.74 |
|--------------------------|----|-----------------|----------------|-----|-------|-------|-------|-------|

Juvenis B

| | | | | | | | | |
|--|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. SOUSA, Matilde Filipe | 07 | Núcleo Sporting | 2:38.63 | 424 | 37.13 | 40.35 | 41.55 | 39.60 |
| 2. MELO, Catarina Baptista | 07 | Bombeiros Ribeira Grande | 2:45.46 | 374 | 38.05 | 41.60 | 43.63 | 42.18 |
| 3. LOPES, Ana Rita | 07 | Terceira Auto Clube | 2:46.53 | 367 | 38.61 | 41.97 | 44.35 | 41.60 |
| 4. COSTA, Ana Miguel | 07 | Bombeiros Ribeira Grande | 3:06.74 | 260 | 43.77 | 47.10 | 48.28 | 47.59 |
| DSQ RESENDES, Ana Maria | 07 | Clube Naval de Ponta Delgada | | | | | | |
| <i>608 - Não chegou na posição dorsal - SW 6.5</i> | | | | | | | | |

Juvenis A

| | | | | | | | | |
|------------------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. BARBEITO, Laura Espinol | 06 | Núcleo Sporting | 2:39.08 | 421 | 37.21 | 40.60 | 41.62 | 39.65 |
| 2. AVILA, Leonor Espinola | 06 | Naval Praia da Vitoria | 2:50.63 | 341 | 40.69 | 43.75 | 43.78 | 42.41 |
| 3. LANDEIRO, Beatriz Loureir | 06 | Naval Praia da Vitoria | 3:04.67 | 269 | 46.16 | 46.84 | 47.34 | 44.33 |
| 4. MACHADO, Natacha Furta | 06 | CDE Agua de Pau | 3:11.78 | 240 | 44.37 | 49.45 | 49.64 | 48.32 |

Juniores

| | | | | | | | | |
|--------------------------|----|-----------------|----------------|-----|-------|-------|-------|-------|
| 1. ROCHA, Maria Cleto | 04 | Naval da Horta | 2:38.12 | 428 | 36.94 | 39.03 | 41.23 | 40.92 |
| 2. REIS, Mariana Tavares | 05 | CDE Agua de Pau | 2:51.29 | 337 | 39.05 | 43.61 | 45.02 | 43.61 |

Seniores

| | | | | | | | | |
|---------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. SANTOS, Madalena Almei | 03 | Clube Act. Fisica Bombeiro | 2:33.56 | 468 | 35.82 | 38.14 | 39.80 | 39.80 |
| EXH ARMAS, Maria Ornelas | 98 | Vikings Sports Club | 2:26.83 | 535 | 33.85 | 36.96 | 37.72 | 38.30 |

Prova 39
11/04/2021 - 12:15

Femin., 4 x 50m Livres

14 anos e mais velhos
Resultados

Pontos: FINA 2020

| Lugar | Tempo final | Pts |
|-------------------------------------|----------------|-------|
| 1. Clube Naval de Ponta Delgada 1 | 1:58.36 | 499 |
| Brites, Marta Lopes 06 | 27.39 | 30.80 |
| GOMES, Maria Isabel 06 | 29.97 | 30.20 |
| Clube Naval de Ponta Delgada | | |
| SILVA, Julia Atamas 06 | | |
| IVENS, Luciana Amorim 06 | | |
| 2. Clube Act. Fisica Bombeiros De 1 | 1:59.26 | 488 |
| SANTOS, Madalena Almeida 03 | 31.12 | 30.92 |
| SILVA, Margarida Borges 04 | 29.35 | 27.87 |
| Clube Act. Fisica Bombeiros De | | |
| FONSECA, Laura Luz 03 | | |
| 3. CDE Agua de Pau 1 | 2:10.88 | 369 |
| REIS, Mariana Tavares 05 +0,92 | 32.35 | 35.41 |
| COUTO, Matilde Rodrigues 06 +0,41 | 32.40 | 30.72 |
| CDE Agua de Pau | | |
| MACHADO, Natacha Furtado 06 | | |
| CABRAL, Nuria Costa 06 +0,72 | | |

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 41
11/04/2021 - 12:15

Femin., 4 x 200m Livres

Absolutos
Resultados

Pontos: FINA 2020

| Lugar | | | | | | Tempo final | Pts | |
|-------|----------------------------------|----|--------------------------------|-------|-------|-----------------|---------|---------|
| 1. | Núcleo Sporting 1 | | Núcleo Sporting | | | 9:44.19 | 465 | |
| | COELHO, Lara Raquel | 07 | 33.11 | 37.79 | 40.63 | 39.24 | 2:30.77 | |
| | SOUSA, Matilde Filipe | 07 | 31.46 | 35.68 | 37.28 | 37.59 | 2:22.01 | |
| | ALMEIDA, Isabel Pires | 06 | 31.36 | 35.84 | 40.03 | 39.74 | 2:26.97 | |
| | BARBEITO, Laura Espinola | 06 | 32.78 | 36.95 | 38.34 | 36.37 | 2:24.44 | |
| 2. | Naval Praia da Vitoria 1 | | Naval Praia da Vitoria | | | 10:02.96 | 423 | |
| | RINO, Maria Pedro | 05 | +0,80 | 31.76 | 34.73 | 35.28 | 35.50 | 2:17.27 |
| | PEREIRA, Maria Fagundes | 07 | +0,25 | 33.91 | 40.05 | 40.91 | 39.64 | 2:34.51 |
| | SOUSA, Inês Tonel | 07 | | 34.94 | 40.70 | 43.80 | 42.47 | 2:41.91 |
| | AVILA, Leonor Espinola | 06 | | 33.11 | 37.89 | 39.16 | 39.11 | 2:29.27 |
| 3. | Bombeiros Ribeira Grande 3 | | Bombeiros Ribeira Grande | | | 10:55.07 | 330 | |
| | RESENDES, Teresa Fatima | 04 | +0,93 | 35.74 | 42.38 | 41.60 | 40.57 | 2:40.29 |
| | COSTA, Ana Miguel | 07 | +0,19 | 40.24 | 46.43 | 48.32 | 47.76 | 3:02.75 |
| | PACHECO, Mariana Fatima | 05 | | 34.28 | 38.63 | 41.93 | 41.74 | 2:36.58 |
| | MELO, Catarina Baptista | 07 | +0,48 | 33.99 | 39.45 | 41.66 | 40.35 | 2:35.45 |
| 4. | Clube Act. Fisica Bombeiros De 1 | | Clube Act. Fisica Bombeiros De | | | 11:07.78 | 311 | |
| | CARDOSO, Raquel Campos | 09 | +0,90 | 35.74 | 40.23 | 42.15 | 40.08 | 2:38.20 |
| | CABRAL, Laura Vieira | 09 | +0,58 | 39.05 | 45.63 | 47.21 | 44.34 | 2:56.23 |
| | NETO, Maria Ines | 09 | +0,83 | 40.37 | 46.51 | 47.84 | 45.50 | 3:00.22 |
| | TIAGO, Andreia Borges | 08 | +0,57 | 34.15 | 39.39 | 40.44 | 39.15 | 2:33.13 |
| 5. | CDE Agua de Pau 1 | | CDE Agua de Pau | | | 12:15.45 | 233 | |
| | VIEIRA, Maria Brum | 09 | | 38.62 | 45.93 | 46.90 | 44.43 | 2:55.88 |
| | CUNHA, Matilde Rosa | 08 | | 41.46 | 45.00 | 46.94 | 43.47 | 2:56.87 |
| | CUNHA, Beatriz Rosa | 09 | | 45.85 | 54.91 | 53.68 | 50.97 | 3:25.41 |
| | SOUSA, Margarida Carreiro | 08 | | 40.33 | 45.19 | 46.95 | 44.82 | 2:57.29 |